

Connecting Seniors

With Their Community



Town of Riverhead

SENIOR CITIZEN RESOURCE GUIDE



2018-2019

TOWN OF RIVERHEAD

200 Howell Avenue

Riverhead, NY 11901

(631) 727-3200

Laura Jens-Smith

TOWN SUPERVISOR



TOWN OF RIVERHEAD

Laura Jens-Smith, Town Supervisor

200 Howell Avenue, Riverhead, NY 11901
Tel: (631) 727-3200 / Fax: (631) 727-6712
www.townofriverheadny.gov

Welcome to the 2018-2019 Senior Citizen Resource Guide.



Thanks to first-hand understanding of how to make life less complicated and more enjoyable, the dedicated folks on our Town of Riverhead Senior Citizen Advisory Council have packed this handbook with helpful suggestions, advice and benefits.

Take a few minutes to page through all this information now at your fingertips. Need to contact a town, county or state elected official? You'll find phone numbers and email addresses starting on page 7. Know someone who could use a daily, friendly phone call? Find out more on page 22.

As a 60+ resident of Riverhead Town, you have access to our great Senior Center services. See page 55 for the list of benefits including Meals-on-Wheels and Dial-A-Ride to make your daily life easier. For the up-to-date schedule of bingo, day trips, classes to benefit your body and your brain and more, call (631) 722-4400.

Skip to pages 49 to 52 for Riverhead's beaches, community centers, outdoor parks, ball parks, skate parks and even dog parks! If you don't have a dog but want one, turn to pages 2 and 4 for the local area animal shelters and rescue groups ready to help! Also a help, the comprehensive listing of support groups fills pages 26 through 30. Find home health care and caregiver support services on pages 30 and 31. Veteran's benefits and services listings start on page 60, and dozens of volunteer opportunities begin on page 62-65.

We hope this Senior Citizen Resource Guide provides you with answers to your questions, helps you prepare for the unexpected, inspires you to learn something new, to lend a hand or even accept a hand. And thank you for being a part of our Riverhead community.

Sincerely Yours,

Laura Jens-Smith
Riverhead Town Supervisor



A Message from the...

Senior Citizen Advisory Council

The Town of Riverhead Senior Citizen Advisory Council continues their mission to provide the town with recommendations as to the direction the Town can take in coordinating services and programs benefiting our aging population as well as providing them with valuable resources.

The Town of Riverhead's Senior Citizen Advisory Council has rolled out another updated Senior Citizen Resource Guide of places and organizations that are here to assist with many phases of senior life.

The resource guide will be available at:

- Riverhead Town Hall, 200 Howell Ave, Riverhead
- Riverhead Free Library, 330 Court St, Riverhead
- North Shore Public Library (@ the SWR High School) 250 NY-25A, Shoreham
- Riverhead Senior Center, 60 Shadetree La, Riverhead
- Riverhead Recreation Dept., 55 Columbus Ave, Riverhead
- George Young Community Center, 446 S. Jamesport Ave., Jamesport
- Town's website at: www.townofriverheadny.gov
- Veterans Organizations: Veterans of Foreign Wars (VFW) Post #2476, 620 Parkway Street, Riverhead AND American Legion Post #273, 89 Hubbard Avenue, Riverhead

If there are questions regarding the resources listed in the guide or if you would like more information on particular organizations or services, please contact the Senior Center at (631) 722-4444. They will be happy to assist you.

Sincerely yours,
TOWN OF RIVERHEAD

Senior Citizen Advisory Council



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ANIMAL & PET SERVICES

IF YOUR PET GETS LOST, BE SURE TO CONTACT ANIMAL HOSPITALS AND ANIMAL SHELTERS!

ANIMAL CONTROL

Town of Riverhead Animal Control (8AM-4PM Daily) (631)369-6189
Emergency (Riverhead Police) (After 4PM, Wknds, Hdays) (631) 727-4500

Riverhead Animal Shelter
532A Youngs Avenue, Calverton, NY 11933
Operated by: **NORTH FORK ANIMAL WELFARE LEAGUE (NFAWL)**
Gillian Wood Pultz, Executive Director

The Town of Riverhead responds to animal incidents ranging from loose or stray dogs, wild animals, dangerous animals, or animals in distress within the township. NFAWL Animal Control Officers enforce ordinances needed to protect the health, safety, and welfare of Town of Riverhead residents by regulating the ownership of animals. The shelter houses stray and abandoned animals and is managed by a dedicated, compassionate NFAWL staff and volunteers who make every effort to adopt them out to loving homes.

Website: www.riverhead.nfawl.org/ Email: board@nfawl.org



ANIMAL HOSPITALS

Animal Hospital of Riverhead
1182 W Main St, Riverhead, NY 11901
Dr. Mandip S. Lachhar, DVM
Emergency Services available on Sundays 9AM-11AM.

(631) 727-2009
**Senior and Military discounts available*

Services: Full-service veterinary medical facility for Cats & Dogs
Special Services: Grooming, Indoor/Outdoor Boarding,
Other special services (i.e. Ultrasound, echocardiograms, endoscopy, etc.) are available when needed.
Website: www.ahofr.com Email: ranimalhosp@aol.com

Aquebogue Veterinary Hospital
357 Main Rd, Aquebogue, NY 11931
Dr. Richard J. Hanush, DVM

(631) 722-4242

Services: Full-service veterinary medical facility for Cats & Dogs
Special Services: Boarding, Other special services (i.e. Ultrasound, echocardiograms, endoscopy, etc.) are available when needed.
Website: www.aqueboguevet.com Email: rhanusch@aol.com



ANIMAL & PET SERVICES - ANIMAL HOSPITALS cont'd

**East End Veterinary Emergency
& Specialty Center**

67 Commerce Drive, Riverhead, NY 11901
Dr. Rick Rothman, DVM
Dr. Gal Vatash, DVM

(631) 369-4513
***Senior and Military
discounts available**

Emergency Services available DAILY, 24 hours a day, seven days a week.

Specialized emergency, critical care and referral medical facility for dogs, cats and exotic pets.

Services: Emergency / Critical Care - 24 Hour Emergency Care, Intensive Care Unit, Full-Service Medical and Referral facility for Cats, Dogs & exotic pets.

Special Services: Veterinary Specialists, Canine Physical Rehab, Hyperbaric Oxygen Therapy, Oncology, ***Veterinarian and trained Licensed Veterinary Technicians (LVT's)*** are always in attendance.

Website: www.pet-er.com Email: Leora Vatash, Hospital Administrator at l.vatash@pet-er.com

Gibbons Veterinary Hospital

6144 NY-25A #22, Wading River, NY 11792
Dr. Matthew Gibbons, DVM

(631) 929-5836
***Senior and Military
discounts available**

Services: Full-service veterinary medical facility for Cats & Dogs

Special Services: Bereavement Counseling, Continuing Education for clients, Pet CPR/First Aid. Other special services (i.e. Ultrasound, echocardiograms, endoscopy, etc.) are available when needed.

Website: www.gibbonsveterinaryhospital.com Email: N/A

ANIMAL SHELTERS & OTHER SERVICES

Ada Howe Kent Memorial Shelter Inc.

2259 River Rd, Calverton, NY 11933
Pamela A. Green, Executive Director

(631) 727-5731 Shelter
(631) 727-7797 Clinic
**Senior and Military
discounts available.**

A Private, not-for-profit IRS 501(C)(3) tax exempt humane society that provides a haven for homeless, abused and abandoned animals until new homes can be found.

Services: Adoptions, Low-Cost Spay/Neuter Clinic, Low-Cost Veterinary Clinic

Special Services: Animal Rescue, Cat Retirement Home, Pet Therapy Program (at Skilled Nursing Facility at Peconic Bay Medical Center), Humane Education, Sponsor-a-Pet Program, Volunteer Program, ***trained Licensed Veterinary Technicians (LVT's)***

Website: www.kentanimalshelter.com Email: info@kentanimalshelter.com

**BIDEAWEE Adoption Center
and Animal Hospital**

118 Old Country Road, Westhampton, NY 11977

(631) 325-0280
(866) 262-8133

Services: Adoptions, veterinary care, training, volunteering, memorial programs and grief counseling.

Website: www.bideawee.org Email: carol.tuthill@bideawee.org





ANIMAL & PET SERVICES - ANIMAL SHELTERS & OTHER SERVICES cont'd

Humane Society of the United States (HSUS)

(845) 707-5350

Brian Shapiro, New York State Director

A not-for-profit IRS 501(C)(3) tax exempt organization and is the nation's largest and most effective animal protection organization. Supports animal welfare legislation, fights animal cruelty in all forms, rescues animals in danger and engages citizens to promote the protection of animals.

Services: Provides hands-on care and services, education and training for local organizations. Leading animal advocacy organization combating large-scale cruelties such as puppy mills, animal fighting, factory farming, seal slaughter, horse cruelty, captive hunts and the wildlife trade. Shelter Pet Project helps residents find a pet to adopt from local shelters.

Website: www.humanesociety.org/about/state/new_york/ Email: bshapiro@humanesociety.org

North Fork Animal Welfare League (NFAWL)

Riverhead Shelter

(631) 369-6189

Gillian Wood Pultz, Executive Director

Southold Shelter

(631) 765-1811

A not-for-profit IRS 501(C)(3) tax exempt corporation that promotes the welfare of ALL animals.

Services: Provides all animal care, control and sheltering services for the Towns of Riverhead and Southold providing a haven for homeless, abused and abandoned animals until new homes can be found. NFAWL offers a comprehensive array of services for both the animals and their caretakers in our community.

Website: www.riverhead.nfawl.org/ Email: board@nfawl.org

Riverhead Foundation

(631) 369-9840

for Marine Research and Preservation

(631) 369-9829

467 East Main St., Riverhead, NY 11901

Stranding Hotline

Robert A. DiGiovanni, Jr., Executive Director, Senior Biologist

rdigiovanni@riverheadfoundation.org

A not-for-profit IRS 501(C)(3) tax exempt organization that operates the New York State Marine Mammal and Sea Turtle Rescue Program.

Website: <http://www.riverheadfoundation.org/> Email: sightings@riverheadfoundation.org

SAVES (Spay, Alter, Vaccinate Every Stray)

(631) 722-0015

P O Box 1631, Riverhead, NY 11901

A not-for-profit IRS 501(C)(3) tax exempt all volunteer animal rescue group serving the Townships of Southold and Riverhead.

Website: www.facebook.com/savesinc Email: savesinc@aol.com

The STAR Foundation

(631) 736-8207 (24 Hrs.)

PO Box 519, Middle Island, NY 11953

A not-for-profit IRS 501(C)(3) tax exempt all volunteer organization, dedicated to the welfare of domestic **and wild animals**. Our goal is to provide a safe haven for every injured or orphaned Long Island animal in need of medical care, rehabilitation, or humane euthanasia, and to return as many healthy animals as possible to their natural habitat.

Website: www.savetheanimalsrescue.org Email: info@savetheanimalsrescue.org



ANIMAL & PET SERVICES - ANIMAL SHELTERS & OTHER SERVICES cont'd

Suffolk County SPCA

(631) 382-7722

Society for the Prevention of Cruelty to Animals

Roy Gross, Chief Executive Director

A not-for-profit IRS 501(C)(3) tax exempt corporation that promotes the welfare of ALL animals, protects them from abuse, neglect and abandonment, investigates complaints of animal cruelty or neglect and enforces anti-cruelty laws. If you suspect any mistreatment, abuse, or blood sport activities involving animals, please call the Suffolk County SPCA and you can also contact the Riverhead Police Department. All calls will be kept confidential.

Services: humane education, spay/neutering programs, feral cat program, free rabies vaccination clinics, adoption clinics, mobile veterinarian clinic vehicle.

Website: www.suffolkspca.org

DISABLED SERVICES

Abilities Inc. & Nathaniel Kornreich

(516) 465-1400

Technology Center at Viscardi Center

201 I.U. Willets Road, Albertson, NY 11507

The Center provides a hands-on lab for trainings, evaluations, education, assistance, counseling to enter the job market or return to work. These programs empower all ages to improve their quality of life. info@viscardicenter.org

Aid to the Developmentally Disabled

(631) 727-6220

901 E. Main Street, Suite 508, Riverhead, NY 11901

Provides services for people with various intellectual and developmental disabilities and mental health challenges who live on the East End of Long Island. Counseling and job training skills are available. info@addny.com

AHRC Suffolk

214 Old Riverhead Road, Westhampton Beach, NY 11978

(631) 288-0450

2900 Veterans Memorial Highway, Bohemia, NY 11716

(631) 585-0100

AHRC (Association for Habilitation and Residential Care) supports the intellectually & or developmentally challenged individuals with educational and vocational programs in day and residential settings. Job training and related services are part of the many resources. Respite program is offered. Door to door transportation services are provided. www.ahrcsuffolk.org

American Foundation for the Blind

(800) 232-5463

2 Penn Plaza, Suite 11001, New York, NY 10121

(212) 502-7600

This is a comprehensive site which offers professional development, assessments, counseling, daily living, computer and employment skills, etc. to lead an independent life. Vision Aware lists websites to assist with adjustment and for changes in adapting your home for safe living. There are programs on vision and resources/technology to assist for those persons, who are blind or visually impaired



DISABLED SERVICES cont'd

and their families, as well as those who professionally assist them. www.afb.org (See the Special area on website for seniors and also Career Connect for job seekers.

Americans with Disabilities Act

www.ADA.gov

(800) 514-0301
TTY: (800) 514-0383

East End Disabilities & Day Habilitation

446 Edwards Ave. Ste.3, Calverton, NY 11933
107 Roanoke Avenue, Riverhead, NY 11901

(631) 591-2704
(631) 369-7345

Various services including programs, residential care, vocational/daily skills, and respite is available.
www.eed-a.org

Family Service League

208 Roanoke Avenue, Riverhead, NY 11901

(631) 369-0104

There are a variety of services: counseling programs for caregiver support, persons with disabilities, persons with addictions and or anger management, those with various situations such as, housing and or nutritional needs, nursing home transitions, and services for those with special needs, etc. Ask about programs in Spanish. www.fsl-li.org

Guide Dog Foundation-Blind Inc.

371 E. Jericho Tpke. (Main St., Rt. 25), Smithtown, NY 11787

(631) 930-9000
(800) 548-4337

People with disabilities learn how to live an independent life and request special training and a guide dog. Volunteers are needed to train puppies for this life giving purpose.
www.acb.org

Helen Keller Services for the Blind

3385 Veterans Memorial Highway, Ste. A, Ronkonkoma, NY 11779

(631) 424-0144

This is a social service organization and they offer support and training for people and employment services. Materials are sent to eligible individuals. info@helenkeller.org

National Association of the Deaf

The staff provides an operator to send Relay messages by phone call to the hearing impaired person to another person or business. www.nad.org

(301) 587-1788
TTY: (301) 587-1789

Riverhead Free Library

330 Court St, Riverhead, NY 11901

(631) 727-3228 Ext.100

Free tax programs, large print books, digital materials, talking books, programs, concerts, computer learning, borrow books on your tablet, etc. Request a newsletter in large print.



DISABLED SERVICES cont'd

Suffolk County Social Services

(631) 852-3500

893 E. Main Street, Riverhead, NY 11901

Offers comprehensive services such as temporary housing, Medicaid, HEAP, SNAP, welfare, help with buying food, and a wide variety of services for seniors, including:

- Health insurance information, counseling and assistance (HIICAP)
- NY Connects-Information on long term care services and supports and assistance in linking to these services
- Legal assistance
- Nutritional services
- Help with the purchase of prescription drugs

Talking (Audio) Books:

Andrew Heiskell Braille and Talking Book Library

(212) 206-5400

40 West 20th Street, New York, NY 10011

Suffolk Cooperative Library System (SCLS)

(631) 286-1600

Outreach Services

627 North Sunrise Service Rd., Bellport, NY 11713

Order audiobooks, magazines and equipment. Applications are available at member libraries and the internet. SCLS houses the Long Island Assistive Technology Center in Bellport. This Center provides hands-on demonstrations of assistive technology for people living with vision loss. SCLS Outreach Services hosts A Free “Annual Assistive Technology Fair” held in May for those who are blind or visually impaired. Email Outreach Services at outreach@suffolknet.org.

Helpful Links:

www.ADA.gov (Americans with Disabilities Act)

www.Disability.gov (U.S. Federal Government)

www.destinationaccessible.com (Detailed accessibility descriptions of leisure locations.)

www.ablenews.com (Newspaper for people with disabilities.)

EDUCATION

BOCES - HB Ward Technical Center – Riverhead

(631) 369-8100

970 N Griffing Ave, Riverhead, NY 11901

www.esboces.org

Offers adult education with a variety of comprehensive programs tailored to meet the occupational and educational needs of adults.

Suffolk County Community College

(631) 548-2500

Eastern Campus, 121 Speonk Riverhead Rd, Riverhead

www.Sunysuffolk.edu

Credit/noncredit courses. Two year degree or continuing education.



East End Arts Community School of the Arts

(631) 369-2171

Main Street, Riverhead

Eastendarts.org

Classes in painting, drawing, art history, music, photography & more.

SUNY Empire State College

(631) 405-5110

303 Griffing Ave., Riverhead

Esc.edu

Individualized undergraduate/graduate degrees on line, onsite, or through a combination of both.

ELECTED OFFICIALS 2018

TOWN OF RIVERHEAD

Honorable Laura Jens-Smith

Supervisor

200 Howell Avenue

Riverhead, NY 11901

631-727-3200, fax 631-727-6712

www.townofriverheadny.gov

Town Council Members

Jim Wooten

Jodi Giglio

Timothy Hubbard

Catherine Kent

Town Assessors

Laverne Tennenberg

Paul Leszczynski

Mason Haas

Town Clerk

Diane Wilhelm

Town Justice

Judge Allen Smith

Judge Lori Hulse

Hwy Superintendent

George Woodson

Tax Receiver

Laurie Zaneski

NYS GOVERNMENT

The Honorable Andrew M. Cuomo

Governor of New York State

NYS State Capitol Building

Albany, NY 12224

518-474-8390, fax 518-474-1513

Suffolk County Representative: Brian Sapp

Office of the Governor

250 Veterans Memorial Hwy

Hauppauge, NY 11788

Brian.Sapp@exec.ny.gov

631-952-6583

Honorable Anthony H. Palumbo

NYS Assembly - District 2

30 W. Main St., Suite 103

Riverhead, NY 11901

631-727-0204, fax 631-727-0426

palumboa@nyassembly.gov

Honorable Kenneth P. LaValle

NYS Senate – District 1

28 North Country Rd, Suite 203

Mount Sinai, NY 11766

631-473-1461, fax 631-473-1513

lavalle@nysenate.gov

US SENATORS

Honorable Charles E. Schumer

NYS Senator

LI Regional Office

145 Pinelawn Road, Suite 300

Melville, NY 11747

LI Representative: Kyle Strober

Kyle_Stober@schumer.senate.gov

631-753-0978, fax 631-753-0997

Honorable Kirsten Gillibrand

NYS Senator

LI Regional Office

155 Pinelawn Road, Suite 250 North

Melville, NY 11747

LI Regional Director: Magdaloni Campbell

Deborah_Tinnirello@gillibrand.senate.gov

631-249-2825, fax 631-249-2847

SUFFOLK COUNTY ELECTED OFFICIALS

Honorable Steve Bellone

Suffolk County Executive

H. Lee Dennison Bldg.

100 Veterans Memorial Highway

PO Box 6100

Hauppauge, NY 11788

631-853-4000, fax 631-853-4818

county.executive@suffolkcountyny.gov

US HOUSE OF REPRESENTATIVE

Honorable Lee Zeldin

US Congressman

1st Congressional District

31 Oak Street, Suite 20

Patchogue, NY 11772

631-289-1097, fax 631-289-1268

Honorable Al Krupski

Suffolk County Legislator – District 1

423 Griffing Ave., Suite 2

Riverhead, NY 11901

631-852-3200, fax 852-3203

Al.krupski@suffolkcountyny.gov



EMERGENCY INFORMATION

******* EMERGENCY call 911 *******

ANIMAL EMERGENCIES

Animal Control – Town of Riverhead

Emergency Animal Services (Riverhead Police)

(631) 369-6189 (8AM-4PM)

(631) 727-4500

(After 4:00 PM, Wknds & Holidays)

The Town of Riverhead responds to Animal incidents ranging from loose or stray dogs, wild animals, dangerous animals, or animals in distress.

East End Veterinary Emergency & Specialty Center

(631) 369-4513

Riverhead Animal Hospital (Sundays 9AM-11AM Only)

(631) 727-2009

Suffolk County SPCA

Society for the Prevention of Cruelty to Animals

(631) 382-SPCA (7722)

CRISIS INTERVENTION

AL-Anon Family Group

24 Hr. hotline – counseling for groups and children of alcoholics.

(631) 669-2827(24 Hrs)

Alcoholics Anonymous

(631) 669-1124

APS (Adult Protective Services)

Suffolk County Provides services for persons over 18 who are physically or mentally impaired and who are in a situation where they are harmed or threatened with harm by the actions of themselves or others. This often involves the frail elderly and adults who are physically or mentally disabled, seriously ill or alcohol/substance abusers. Potential clients have no one able or willing to help them meet their essential needs such as food, clothing, shelter, and for medical care. Any concerned person or agency should make a referral for services using the three numbers provided above. All calls are confidential and may be made anonymously. For additional information, visit: www.ocfs.state.ny.us/main/psa/

(631) 854-3195, 6, 7

Child Protective Services

(800) 342-3720

Conexion Spanish Speaking Hotline service

Bi-lingual mental health hotline services for assistance, referral and support. www.responsehotline.org

(631) 751-7423 (24 Hrs)

HELP
EMERGENCY



EMERGENCY INFORMATION - CRISIS INTERVENTION cont'd

Domestic Violence:

Brighter Tomorrows

(631)395-1800

Provides emergency shelter and support services to victims of domestic violence and their children.

Brighter Tomorrows Non-Residential Program

(631)395-3116

Provides court advocacy, transportation, counseling, support groups, information, referrals and Child Witness of Domestic Violence Program.

National Domestic Violence Hotline

(800) 799-7233

New York State Domestic Violence

(800) 942-6906

Espanol 9AM-5PM

(800) 942-6908

Suffolk County Coalition Against Domestic Violence

(631) 666-8833 (24 Hrs)

TTY: (800) – 233-3626

Provides emergency shelter and supportive services for battered women. Counseling and legal referrals for women and children. Bi-lingual www.sccadv.org

The Retreat

(631) 329-4398

(631) 329-2200 HOTLINE

Domestic violence services and education to families on the East End of Long Island. Programs include a residential shelter for adults and children, a 24-hour domestic violence hotline, individual and group counseling, legal advocacy, and violence prevention education programs. All services are free of charge to The Retreat clients.

Suffolk County Domestic Violence Unit

(631) 853-4138 (9AM-4PM,M-F)

District Attorney's Office, Cohalan Court Complex, 400 Carleton Ave. Central Islip, NY

Mental Health Hotline

(631) 544-2222 (24 Hrs)

Mobile Crisis Team

(Adult 18 or older)

(631) 952-3333 (24 Hrs)

(Under 18)

(631) 370-1701 (24 Hrs)

Response of Suffolk County, Inc. Crisis Hotline

(631) 751-7500 (24 Hrs)

Substance Abuse Hotline

1-(866) 657-4357

Substance Abuse Hotline

(631) 979-1700 (24 Hrs)

The Suffolk County Dept of Health Services has partnered with the Long Island council on Alcoholism and Drug Dependence (LICADD) to operate a 24/7 hotline that will connect callers to treatment services. LICADD works collaboratively with the Suffolk County Communities of Solution (COS) provider network to ensure timely access to quality substance abuse care.

Suffolk County Crime Victims Center at PFML

(631) 689-2672 Office

Rape Crisis Services and Crime Victim Center.

(631) 332-9234 (24 Hrs)

Suffolk County Dept. of Health Services provides counseling, advocacy, court accompaniment, assistance in reimbursement for expenses related to the crime and information and referrals. Espanol and multilingual services.



EMERGENCY INFORMATION - CRISIS INTERVENTION cont'd

Suffolk County Dept. of Health Services (631) 854-0000

Suffolk Mobile Mental Health Crisis Team (631) 952-3333 (24 Hrs)

Suffolk County Dept. of Health Services offers crisis intervention services to individuals in the Community who are experiencing psychiatric/emotional problems. The team will make referrals for after care if necessary or arrange for hospitalization.

Suffolk County Department of Social Services (631) 852-3500 (DSS)
(631) 854-9963 EMERGENCY

893 E. Main Street, Riverhead, NY 11901

(Millbrook Office Complex)

Must apply in person, 8AM-3PM - M-F

Suffolk County Temporary Housing Assistance Unit (631) 854-9547 8AM-4PM M-F
Emergency After 4:30PM, wknds & holidays (631) 854-9100
Toll Free (866) 494-6873

Suicide Prevention:

Lifeline National Suicide Hotline (800) 273- 8255 (24 Hrs)
Bi-lingual hotline provides assistance, referral and support

National Suicide Prevention 1- (800) SUICIDE
1- (800) (784-2433)
TTY: (800) 799-4TTY (4889)

Northeast Psychology Association (631) 271-3870

Response of Suffolk County Inc. (631) 751-7500 (24 Hrs.)

Suicide Prevention Coalition of Long Island (SPCLI) www.preventsuicideli.org
Helpful resources, provides education about suicide to the public and professional community on Long Island.

Victim Information & Notification Service of NYS (888) 846-3469 (24 Hrs)

New York State hotline for crime victims, including victims of domestic violence, that gives them the ability to track the jail custody status of their offenders and register to be notified, via phone or e-mail, of their pending release. www.vinelink.com

Victims Information Bureau of Suffolk (VIBS) (631) 360-3606 (24 Hrs)
(631) 360-3730 9AM-5PM M-F

Provides counseling, advocacy, programs and assistance to victims of domestic violence, rape and sexual assault, elder abuse, child sexual abuse and human trafficking www.vibs.org





EMERGENCY INFORMATION cont'd

HEATING & UTILITY EMERGENCIES

- Optimum - Riverhead** (631) 727-6300
- ELECTRIC – PSEG L.I.** (800) 436-7734
 - Report Power Outage** (631) 755-6000
- GAS - National Grid Long Island** (800) 490-0045, or (631) 755-6200

HEATING & REPAIR

Suffolk County Department of Social Services (DSS)

Office for the Aging

HEAP: Home Energy Assistance Program

Age 60 and over, or disabled:

Under age 60:

EMERGENCIES AFTER 4:30PM & WEEKENDS:

- (631) 853-8326 HOTLINE
- (631) 853-8820 8AM-4PM
- (631) 854-9100

- WATER – Riverhead Water District** (631) 727-3205
- SEWER – Riverhead Sewer District** (631) 727-3069

MISCELLANEOUS EMERGENCY RESOURCES

- American Red Cross** (877) 733-2767
- Federal Emergency Management Agency (FEMA)** (800) 621-3362
- New York State Emergency Management Office** (518) 292-2200
- New York State Police NON-EMERGENCY** (631) 537-0237
- Poison Control (Including Poisonous Plants)** (800) 222-1222
TTY: (212) 689-9014
- Riverhead Fire Department NON-EMERGENCY** (631) 727-2751
- Riverhead Police NON-EMERGENCY** (631) 727-4500
- Salvation Army** (631) 654-9380, or (631) 727-3338

**Dial
911
for emergencies**



EMERGENCY INFORMATION – MISC EMERGENCY RESOURCES cont'd

Suffolk County Department of Social Services (DSS)

893 E. Main Street, Riverhead, NY 11901
(Millbrook Office Complex)

Emergency After 4:30PM, wknds & holidays

Temporary Housing Assistance Unit

(631) 852-3500

(631) 854-9963 EMERGENCY

(631) 854-9100

(631) 854-9547 8AM-4PM - M-F

Must apply in person, 8AM-3PM - M-F. Offers comprehensive services such as Medicaid, SNAP, HEAP, Temporary Assistance, Child Protective Services, Adult Protective Services, Foster Care, Child Preventative Services, Adoption, Child Care, Child Support Enforcement, and a wide variety of services for seniors, including:

- Health insurance information, counseling and assistance (HIICAP)
- NY Connects-Information on long term care services and supports and assistance in linking to these services.
- Legal assistance.
- Nutritional services.
- Help with the purchase of prescription drugs.
- Emergency Assistance for Adults (EEA) - helps meet emergency financial needs of people eligible for, or who are receiving Supplemental Security Income (SSI). EAA provides assistance in hardship situations, such as replacing lost, stolen or not received SSI checks, or providing funds to cover food needs or to prevent eviction or utility shut-off.

Suffolk County Health Services

Emergencies after 5PM & Weekends

(631) 854-0000

(631) 852-4820

Public Health Hotline

(631) 787-2200

Suffolk County Sheriff's Department

(631) 852-2288

Add your personal emergency contact information here:

Physician (1) _____

Physician (2) _____

Friend/Family Member _____

Friend/Family Member _____



EMERGENCY PREPAREDNESS

EMERGENCY PREPAREDNESS INFORMATION OR QUESTIONS CALL: (631) 727-4500 EXT. 315.

In the event of an evacuation or emergency, Suffolk County provides shelters for you and your pet. For more information on sheltering, please contact the Suffolk County Office of Emergency Management at (631) 852-4900

CREATE AN EMERGENCY PLAN

- Meet with household members to discuss the dangers of fire, severe weather and other emergencies.
- Discuss how to respond to each disaster that could occur.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home and mark 2 escape routes from each room.
- Learn how to turn off water, gas and electricity at main switch.
- Post emergency telephone numbers.
- Teach children how to make long distance telephone calls.
- Pick 2 meeting places:
 - Near your home in case of fire.
 - Outside your neighborhood in case you cannot return home after a disaster.
- Take a basic First Aid and CPR class.
- Keep family records in a water and fireproof container.

PREPARE A DISASTER SUPPLIES KIT - Include the following:

- A supply of water equaling one gallon per person per day. Store the water in sealed, unbreakable containers.
- A supply of non-perishable packaged or canned food and a non-electric can opener.
- A change of clothing, rain gear and sturdy shoes.
- Blankets or sleeping bags.
- A first aid kit and prescription medication.
- A battery powered radio, flashlight and extra batteries.
- Credit cards and cash.
- An extra set of car keys.
- A list of family physicians.
- A list of important family information.
- Special items for infants, elderly or disabled family members.
-

STAY INFORMED

Cablevision Channel 62 – Weather Channel

WRIV 1390 AM

WLNG 92.1 FM

Riverhead Storm Hotline

General Information

(631) 727-3200 ext. 767

(631) 727-4500 ext. 315



EMERGENCY PREPAREDNESS cont'd

IF YOU NEED TO EVACUATE -- Follow instructions of local officials.

- Listen to a battery-powered radio *for the location of emergency shelters.*
- Wear protective clothing and sturdy shoes.
- Take your Disaster Supplies Kit.
- Lock your house.
- If you have time use travel routes specified by local officials.
- Shut off water gas and electricity, if instructed to do so.
- Let others know when you left and where you are going.
- Make arrangements for pets.

When you arrive at the shelter you and your other family members should have the following items with you:

- Photo ID.
- Medications.
- Photo copies of important documents (ie. insurance policies, prescriptions, ID, credit cards.
- Sanitation and hygiene items.
- Cash in small denominations.
- Battery powered/crank AM/FM/Weather Band radio with extra batteries.
- Flashlight with extra batteries.
- Basic First Aid Kit.
- Bedding and extra clothing.
- Items for infants.

AFTER THE STORM

Listen to your local officials. Only return to areas that have been evacuated when told to do so. Use extreme caution. Document all damage with photos if possible.

SPECIAL NEEDS RESIDENTS

If you cannot stay in a regular shelter due to a medical condition, please contact the general information number (631) 727-4500 ext. 315 or visit the Town website for a *Special Needs Application* and more information.

**** SPECIAL NEEDS/EVACUATION APPLICATION - SEE APPENDIX A.**

**** RIVERHEAD FIRE DEPARTMENT EMERGENCY REGISTRY FORM - SEE APPENDIX C.**



EMERGENCY PREPAREDNESS cont'd

PLAN AHEAD FOR PET SHELTERING

When disaster strikes and you must evacuate, the most important thing you can do for your pet(s) is to have a plan for their safety too. Pets are not allowed in public shelters in Suffolk County for health and space reasons and the Town's animal shelter is not equipped or large enough to handle the sheltering of animals during a disaster. Therefore, it is incumbent on the owner to find a Pet Friendly Shelter for their pet during a disaster.

PREPARE BEFORE THE STORM/DISASTER:

- Make sure that your pet(s) is current on their vaccinations. Pet shelters may require proof of vaccines.
- Have a current photograph of you and your pet.
- Keep a collar with a securely attached ID tag on your pet and have a leash on hand to control your pet.
- Plan a ***Pet Disaster Supply Kit***.

Pet Disaster Supply Kit

When you bring your pet(s) to a designated pet friendly shelter, you must have the following with you, clearly marked, with the owner's and pet's identification (including cage/carrier):

- Written proof of vaccinations from your veterinarian during the past 12 months.
- Proper ID collar and up-to-date rabies tag.
- Carrier or cage of sufficient size for the pet to stand, stretch and turn around.
- A blanket or bed (that will fit in the cage) to keep your pet comfortable.
- Leash and muzzle to help control the pet.
- Ample food, water, and bowls.
- Any necessary medications and copies of medical records.
- Kitty litter & litter box for cats, plastic disposable gloves and trash bags for handling waste.
- A cover for cat and bird carriers/cages.
- Your pet's favorite toy.



Identify a Shelter

Don't wait for the disaster to be here. Find out now where you will take your pet. Check with local kennels, veterinarians and motels/hotels that are pet friendly.

Contact for More Information & Locations of Shelters

Suffolk County Office of Emergency Management

(631) 852-4900

Website: www.suffolkcountyny.gov

Email: SCDFRES@SuffolkCountyNY.gov

Stay Informed and Be Prepared to Leave

If you are sheltering your pet, do so well before the storm arrives and don't forget your ***Pet Disaster Supply Kit***. Plan your evacuation strategy and don't forget your pet! Specialized pet shelters, kennels, veterinary clinics and friends and relatives who are out of harm's way are ALL potential refuges for your pet during a disaster.



PET FRIENDLY SHELTER INFORMATION

In the event of an evacuation or emergency, Suffolk County provides a Pet Friendly Shelter where **you and your pet** can go. The shelter is available for **DOGS, CATS AND BIRDS ONLY**.

What is a Pet Friendly Shelter?

A pet friendly shelter is defined as a location where the pet owners and their pets can be housed together or where the pets are adjacent to the owner's shelter. This type of sheltering enables the owner to care for their pet.

Who can I expect to see at a Pet Friendly Shelter?

Suffolk County CERT (Community Emergency Response Team) Volunteers and Suffolk County Employee Volunteers trained in Shelter Operations and Management will be responsible for managing the human portion of the Pet Friendly Shelter.

The Suffolk County Society for the Prevention of Cruelty to Animals (SC SPCA) will be responsible for managing the pet portion of the Pet Friendly Shelter.

What you will need to bring for yourself (and your family):

When you arrive at the shelter, you should have the following items with you:

- Photo ID.
- Medications.
- Photo copies of important documents (ie. insurance policies, prescriptions, ID, credit cards.)
- Sanitation and hygiene items.
- Cash in small denominations.
- Battery powered/crank AM/FM/Weather Band radio with extra batteries.
- Flashlight with extra batteries.
- Basic First Aid Kit.
- Bedding and extra clothing.
- Items for infants.

What you will need to bring for your pets:

When you bring your pet(s) to a designated pet friendly shelter you must bring:

- ***Pet Disaster Supply Kit*** with all of the items clearly marked with the owner's and pet's ID

What should I expect?

Upon arrival, your pet will be examined by a veterinarian to insure that your pet's shots and vaccinations are current and that your pet is in good health and not a threat to the other animals in the shelter. Once accepted and registered into the shelter, you will be given a location to place your pet's cage/carrier and provided with a schedule to feed your pet and attend to your pet's needs. You will also be provided with the shelter rules and assigned a dormitory.

AFTER THE STORM/DISASTER:

- Walk pets on a leash until they become re-oriented to their home - Often familiar scents and landmarks may be altered and pets could easily be confused and become lost. Also, downed power lines and debris can all pose a threat for animals after a disaster.
- If pets cannot be found after a disaster, contact the Town's Animal Control Office at (631) 369-6189 to find out where lost animals can be recovered. Bring along a picture of your pet if possible.
- Monitor their behavior - After a disaster, animals can become aggressive or defensive.



IF YOU MUST LEAVE YOUR PET AT HOME DURING A DISASTER

- Confine your pet to inside your house, but not the basement.
- Leave them loose with plenty of food and water.
- For a water supply, brace an accessible bathroom door open, remove the tank lid and raise the seat.
- Place a visible notice by the front door stating what animals are inside and where they can be located. Include where you can be located, your cell number and the veterinarian's name and telephone number.



Supervisor Laura Jens-Smith



Preparations for hurricanes are best made in advance. A major storm is overdue. The devastation caused by storms, such as **Sandy**, requires us to be prepared for hurricanes and major storms. The Town of Riverhead is ready for such emergencies. We want to encourage all residents and visitors to get ready by following three simple preparation rules:

- 1. PLAN**
- 2. PACK**
- 3. PAY ATTENTION**

This brochure provides you with the basic steps you can take to help you and your family weather the storm. Additional information is on our website under Emergency Preparedness on the left.

Take a few moments now to organize your response and listen to officials when the storm comes. Any time spent now on emergency preparedness will be extremely beneficial to you and your loved ones.



Riverhead Town Board

- Supervisor Laura Jens-Smith
- Councilwoman Jodi Giglio
- Councilman Timothy Hubbard
- Councilman James Wooten
- Councilwoman Catherine Kent

Pet Owners

Identify a Shelter

Don't wait for the disaster to be here. Find out now where you will take your pet. Check with local kennels, veterinarians and motels/ hotels that are pet friendly.

Plan a Pet Disaster Supply Kit

- Proper identification including immunization records.
- Ample supply of food and water with bowls.
- A carrier or cage that locks securely.
- Newspaper or trash bags for clean-up.
- Medications with specific care instructions.
- Muzzle, collar and leash.
- First Aid Kit.

Stay Informed and Be Prepared to Leave

If you are sheltering your pet, do so well before the storm arrives and don't forget your supply kit.

72 Hour Rule

We must be able to sustain ourselves for at least 72 hours.

Grandma is right

An ounce of prevention is worth a pound of cure.

Town of Riverhead

Hurricane and Severe Storm Preparedness



An Important Guide to Help Ensure the Safety of Every Town Resident and Visitor During an Emergency

Plan Pack Pay Attention



PLAN

Create an Emergency Plan NOW

- Meet with household members to discuss the dangers of fire, severe weather and other emergencies.
- Discuss how to respond to each disaster that could occur.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home and mark 2 escape routes from each room.
- Learn how to turn off water, gas and electricity at main switch.
- Post emergency telephone numbers.
- Teach children how to make long distance telephone calls.
- Pick 2 meeting places:
 1. Near your home in case of fire.
 2. Outside your neighborhood in case you cannot return home after a disaster.
- Take a basic First Aid and CPR class.
- Keep family records in a water and fireproof container.

Special Needs Shelter

If you cannot stay in a regular shelter due to a medical condition, please contact the general information number listed in this brochure or visit the Town's website for a special needs application and more information.

PACK

Prepare a Disaster Supplies Kit NOW

- At least a 3-day supply of water (one gallon per person per day). Keep water in sealed, unbreakable containers.
 - A supply of non-perishable packaged or canned food and a non-electric can opener. Include high energy food such as peanut butter, crackers or granola bars.
 - A change of clothing, rain gear and sturdy shoes.
 - Blankets or sleeping bags.
 - A first aid kit, prescription medication and an extra pair of glasses/contacts and solution.
 - A battery powered radio, flashlight and extra batteries.
 - Identification, credit & ATM cards, cash, important family and insurance information.
 - An extra set of car and house keys.
 - A list of family physicians.
 - Special items for infants or elderly.
- Keep most of these items in a sturdy plastic tote in a safe place. Check and update your kit annually. Rotate your food items. All dated perishable food items should be checked and updated semi annually. **If you must evacuate take your kit with you.**

PAY ATTENTION

Stay Informed ALWAYS

Cablevision Channel 62
Weather Channel

WRIV 1390 AM

WLNG 92.1 FM

Riverhead Storm Hotline
727-3200 ext. SOS (767)

General Information
727-4500 ext. 315

Additional Information

www.townofriverheadny.gov
www.ready.gov
www.semo.state.ny.us
www.suffolkcountyny.gov
www.redcross.org

Cablevision (Riverhead)
(631) 727-6300

Electric (PSEG)
(800) 436-7734

Gas (National Grid)
(800) 490-0045, or (631) 755-6200

Sewer (Riverhead Sewer District)
(631) 727-3069

Water (Riverhead Water District)
(631) 727-3205

American Red Cross (Open 24/7)
(877) 773-2767



EMERGENCY PREPAREDNESS – SUFFOLK COUNTY

Suffolk County Office of Emergency Management

(631) 852-4900

In the event of an evacuation or emergency, Suffolk County provides shelters for you and your pet. In addition, the Suffolk County Office of Emergency Management has expanded the Special Needs Registry into a countywide registry for ALL residents to include those with special and/or functional medical needs. This secured encrypted registry is voluntary and free. It is designed to assist first responders and emergency planners in identifying those residents that may need assistance in evacuating and special sheltering during an emergency so that they may develop the necessary plans. It will also aid emergency planners in the development of shelter plans for those residents with Special and Functional Medical Needs, while enhancing communication to the end user and their emergency contacts.

What is the Suffolk County Emergency Preparedness Registry?

The Emergency Preparedness Registry has been established to collect information emergency responders will need to help locate and evacuate people with Special Needs or high risks during an emergency, especially when a family, caregiver or others are unable to help them.

PLEASE NOTE: THIS PROGRAM WAS FORMALLY KNOWN AS THE "JOINT EMERGENCY EVACUATION PROGRAM (JEEP) & SPECIAL NEEDS REGISTRY" AND IN SOME CASES THIS NAME IS STILL USED.

Who should register?

You (or someone on your behalf) should register if you may find it difficult to get to safety with family or friends or to a public shelter during an emergency evacuation, because of a physical or cognitive limitation, language barrier, or lack of transportation. Remember, your priority should be to relocate with a family member or friend first.

Why should you register?

- **To be notified by local officials when an evacuation has been ordered.**
- **IT MAY SAVE YOUR LIFE!**

The first line of defense against the effects of a disaster is personal preparedness. During an emergency, the government and other agencies may not be able to meet your needs. It is important for all citizens to make their own emergency plans and prepare for their own care and safety in an emergency.

You may register online or by submitting the paper registration form:

<https://oemapps.suffolkcountyny.gov/spns/>

****SUFFOLK COUNTY EMERGENCY PREPAREDNESS REGISTRY BROCHURE SEE APPENDIX B.**



EMERGENCY PROGRAMS

PROJECT LIFESAVER

In an emergency, caregivers must immediately notify the Suffolk County Sheriff’s Office Project Lifesaver Emergency Response Line at 631-852-2791, and dial “911.”



Project Lifesaver is a rapid-response program that aids clients (and their families) who wander as a result of cognitive impairments, or other afflictions.

Who sponsors Project Lifesaver?

Project Lifesaver is sponsored by the Suffolk County Sheriff’s Office.

How to enroll in Project Lifesaver

Enrollment applications can be obtained by calling (631) 852-3003. Your enrollment application must be completed and submitted to the Suffolk County Sheriff’s Office at 100 Center Drive, Riverhead, N.Y. 11901. Once your application is reviewed, an appointment will be made for a home visit by a Project Lifesaver specialist from the Sheriff’s Office.



For more information, contact:

Sheriff Vincent F. DeMarco
Suffolk County Sheriff’s Office
Project Lifesaver Bureau
100 Center Drive
Riverhead, NY 11901
(631) 852-3003

EMPLOYMENT

One-Stop Employment Center

(631) 853-6600

Suffolk County Dept. of Labor, Hauppauge

Refers people 55+ to job opportunities in the private sector. Income restricted.

Senior Community Service Employment Program (SCSEP)

1-(866) 487-2365

Federally funded, Part-Time community service employment training for low-income individuals 55 and older.



FRIENDLY PHONE CALLS

Retired Senior Volunteer Program (RSVP) of Suffolk

(631) 979-9490 Ext. 21

Friendly call from a senior to another senior checking on their well-being and to briefly socialize with them. If you'd like to receive daily calls, please call "Telephone Reassurance."

Seniors Keeping In Touch: 'S.K.I.T'

(631) 722-4444

The Town of Riverhead gives seniors an opportunity to receive friendly, social calls on weekday mornings from other seniors at the Riverhead Senior Center. For additional information or if you would like to receive a daily call, let us know by calling the Center at (631) 727-4444 to sign-up.



Town of Riverhead
Senior Citizens Department

Seniors Calling Seniors



"Because we care, to know you are there!"



*Listen each morning for your phone to ring
we want to know you are OK....*

*Chat if you'd like, then say goodbye....
we'll call you again the next day!*

***Let us know if you would like to receive a Friendly Call each weekday morning.**

- A Senior from the Riverhead Sr. Center will call you each morning to say *Hello*

**Call (631) 722-4444 today....
Start receiving a call tomorrow!**

FUNERAL HOMES

Alexander-Rothwell Funeral Home

(631) 929-4111

6447 Route 25A Wading River, New York 11792

McLaughlin Heppner Funeral Home

(631) 727-3388

336 Marcy Avenue Riverhead

Tuthill-Mangano Funeral Home

(631) 727-2403

406 East Main St. Riverhead, New York 11901



GOVERNMENT CONTACTS & RESOURCES

TOWN OF RIVERHEAD GOVERNMENT

www.townofriverheadny.gov

TOWN HALL

200 Howell Ave., Riverhead, NY

(631) 727-3200

Open 8:30am-4:30pm M-F

OFFICE OF THE SUPERVISOR

Laura Jens-Smith, Town Supervisor ext. 251
John Marafino, Chief of Staff ext. 655
Patrick Derenze, Legislative Asst. ext. 654

TOWN BOARD MEMBERS

Catherine Kent ext. 224
James Wooten ext. 226
Jodi Giglio ext. 225
Timothy Hubbard ext. 223
Karen Levasseur, Town Board Coord. ext. 253

DEPARTMENTS

Accounting	1259 Pulaski St.	(631) 727-3200 Ext. 627
Animal Control (NFAWL)	532 Youngs Ave.	(631) 369-6189
Assessors	200 Howell Ave.	(631) 727-3200 Ext. 255
Building & Planning	201 Howell Ave.	(631) 727-3200 Ext. 213
Code Enforcement	200 Howell Ave.	(631) 727-3200 Ext. 670
Community Development Agency	200 Howell Ave.	(631) 727-3200 Ext. 238
Engineering	1295 Pulaski St.	(631) 727-3200 Ext. 201
Fire Marshal	201 Howell Ave.	(631) 727-3200 Ext. 601
Highway	1177 Osborne Ave.	(631) 727-3200 Ext. 389
Information Technology	1295 Pulaski St.	(631) 727-3200 Ext. 280
Justice Court	210 Howell Ave.	(631) 727-3200 Ext. 229
Municipal Garage	1412 Old Ctry Rd.	(631) 369-2391
Personnel	200 Howell Ave.	(631) 727-3200 Ext. 603
Police (Non-Emergency)	210 Howell Ave.	(631) 727-4500
Purchasing	200 Howell Ave.	(631) 727-3200 Ext. 271
Parks & Recreation	60 Shade Tree La.	(631) 727-5744 Ext. 21
Sanitation	1295 Pulaski St.	(631) 727-3200 Ext. 391
Senior Center	60 Shade Tree La.	(631) 722-4444 Ext. 290
Sewer District	2 River Ave.	(631) 727-3069
Tax Receiver	200 Howell Ave.	(631) 727-3200 Ext. 248
Town Attorney	200 Howell Ave.	(631) 727-3200 Ext. 651
Town Clerk	200 Howell Ave.	(631) 727-3200 Ext. 262
Water District	1035 Pulaski St.	(631) 727-3205 Ext. 234

TOWN OF RIVERHEAD ANTI-BIAS TASK FORCE

(631) 727-3200 x303

The Town of Riverhead Anti-Bias Task Force is a non-partisan group comprised of concerned citizens, government officials, representatives of law enforcement, education and clergy, all of whom work together to help create an anti-bias environment for the strengthening of social justice within the town. If you believe that you have experienced an incident of bias or know someone who has, we urge you to contact us.

Please visit the Town of Riverhead website at www.townofriverheadny.gov to find the Anti-Bias Task Force Committee. Email: abtf@townofriverheadny.gov



GOVERNMENT CONTACTS & RESOURCES cont'd

TOWN OF RIVERHEAD SENIOR CENTER

60 Shade Tree Lane, Aquebogue, NY

(631) 722-4444

Open 8am-4pm M-F

The Senior Citizens Department has merged with the Recreation Department to form the new **Department of Intergenerational Services** located at the Senior Center. Their goal is still to help senior citizens maintain independence, wellness, and quality of life through programs and services that meet their present and future needs.

The Town of Riverhead Senior Center welcomes all senior citizens age 60 years and older who reside in the Town of Riverhead. It offers an abundance of invaluable resources and also provides the services of a senior care advocate who can assist seniors and their families with concerns regarding matters of health, housing and other issues of aging.

The center hosts a variety of programs, services and special events such as cooking competitions, dances, educational workshops, art classes and various health & wellness classes. Besides the myriad of services and programs available, the center offers a light breakfast and a hot, nutritionally balanced noontime meal, prepared and cooked on the premises Monday through Friday.

You are welcome to stop by to tour the facility or to review our programs and the many activities our seniors participate in. Please feel free to contact the Senior Center by calling **(631) 722-4444**. The center is open weekdays from 8:00 A.M. to 4:00 P.M.

SERVICES AND PROGRAMS

Activities, special events and bus trips planned throughout the month, include aerobics, chair exercise, line dancing, billiards, bingo, monthly luncheon/dances with DJ, Movie of the Week, trips, special shopping services to various stores and Farmers Market. Come in and meet new Friends.... Share life experiences and stories at the Conversation Table, borrow a book from our Library, send an email or 'surf the web' in our Computer Room.

- **TRANSPORTATION SERVICES – EXT. 290** (Reservations must be made in advance.)

Dial a Ride – weekly food shopping and banking.

Daily Transportation – to and from the Center for daily activities and meals.

Medical Transportation – to doctors and medical appointments (within the Riverhead Township.)

- **BLOOD PRESSURE SCREENING**

Blood pressure, weight and glucose screenings recorded and monitored every Tuesday morning from 9:30 to 11:45.

- **HOME AIDE – EXT. 737**

Light housekeeping, shopping, laundry and errands for eligible seniors.

Eligibility determined through a preliminary assessment from Suffolk County Office for Aging.

- **MEALS ON WHEELS – EXT. 304**

Hot noontime meals delivered weekdays to homebound seniors unable to cook for themselves. Eligibility for meal delivery is determined through an in-home assessment and medical referral. Suggested Contribution.



GOVERNMENT CONTACTS & RESOURCES - TOWN OF RIVERHEAD SENIOR CENTER cont'd

• **NUTRITION SERVICES**

Nutritionally balanced, hot noon meal, cooked on-site. All meals are “suggested contribution.”

• **RESIDENTIAL REPAIRS – EXT. 736**

Minor home repairs for Riverhead residents; no cost labor; pay only for materials.

• **SENIOR ADVOCATE**

A senior advocate is available from the Suffolk County Department for the Aging on the 3rd Tuesday of the month to assist seniors and their families with concerns regarding matters of health, housing and other issues of aging.

SUFFOLK COUNTY GOVERNMENT

(631) 852-1400

Adult Protective Services (APS)

(631) 854-3195, 6, 7

Mental Health

(631) 853-3105

Health Services

(631) 854-0000

Emergencies after 5:00 PM & Weekends

(631) 852-4820

Public Health Hotline

(631) 787-2200

Office of Emergency Management (OEM)

(631) 852-4900

Office for the Aging

(631) 852-1420

Social Services (DSS)

(631) 854-9963

(631) 852-3505

Financial Assistance, Medicaid, Food Stamps, etc.

(631) 854-9935

Sheriff’s Department

(631) 852-2200

Substance Abuse Hotline

(631) 979-1700

NEW YORK STATE GOVERNMENT

Dept. of Financial Services (Senior Citizen Resource Center)

(800) 342-3736

Office for the Aging

(631) 853-8200

Social Security Admin. (526 E. Main St., Riverhead)

(800) 772-1213

HEALTH INSURANCE INFORMATION

Elderly Pharmaceutical Coverage (EPIC)

(800) 332-3742

State programs helps eligible seniors 65 and older to save money on their prescriptions.

**Health Insurance, Counseling
& Assistance Program (HIICAP)**

(800) 701-0501

(631) 979-9490, ext. 18

The HIICAP program helps seniors and their families deal with health insurance paperwork. Trained volunteers offer help by providing information, counseling and assistance necessary to purchase, claim or appeal decisions about health insurance coverage.



HEALTH INSURANCE INFORMATION cont'd

Medicaid Application

Riverhead Center (Department of Social Services): 893 E. Main Street, Riverhead NY 11901
Phone: (631) 852-3710 – New Applicants; (631) 852-3570 – Open Cases

Medicare (800) 633-4227
Website: www.medicare.gov

Suffolk NY Connects – Choices for Long Term Care (631) 853-8200

Provides information on long-term care options regarding home, community based and institutional long-term services and linkage to resources and services to meet the individual’s needs.

MANAGED LONG TERM CARE (MLTC)

In order to be on an MLTC program, you need to be on Medicaid.

Aetna Better Health (855) 456-9126

Age Well (866) 586-8044

Center Light (877) 226-8500

Elder Plan (866) 360-1934

Elder Serve (800) 370-3600

Emblem (877) 411-3625

Guild Net (800) 932-4703

Health Insurance Counseling & Assistance Program (631) 853-6651

Health Insurance Plan (HIP/HMO) (800) 447-8255

Medicare (800) 633-4227

Medicaid (631) 852-3710 New Applicants
Riverhead Center, 893 E. Main St., Riverhead NY 11901 (631) 852-3570 Open Cases

Senior Health Partners (800) 633-9717

Visiting Nurse Service (VNS) (800) 675-0391

HELP & SUPPORT GROUPS

AA- Alcoholics Anonymous (888) 230-9379 (24 Hrs)
Alcoholics Anonymous has both “open” and “closed” meetings. (631) 669-1124 Hotline
Website: www.aa.org

AL-Anon Family Group (631) 669-2827 (24 Hrs)
24 hr. hotline counseling for groups and children of alcoholics.
Family support group every Sunday 7pm-8pm St. Charles Hospital (631)-821-4175

AARP Driving Class @ Riverhead Free Library (631) 727-3228 x.100

AARP Tax Programs @ Riverhead Free Library (631) 727-3228 x.100



HELP & SUPPORT GROUPS cont'd

- Advanced Cardiac Life Support (ACLS) at PBMC** (631) 548-6198
- Alzheimer's Association** (800) 272-3900
Website: www.alz.org
- American Cancer Society** (631) 436-7070
www.Cancer.org 800-227-2345
- American Diabetes Association** (631) 348-0422
534 Broadhollow Road, Suite 10, Melville, NY 11747
Website: www.diabetes.org
- American Lung Association** 1(800)586-4872 Help Line
Assists with individuals caring for patients with lung disease or trying to quit smoking
- American Heart Association** (516) 962-0800
- American Parkinson Disease Assoc.** (631)-862-3560
Held the third Wednesday of every month at the Peconic Bay Medical Center
- American Red Cross** (800) 733-2767 (Opt 3)
Basic Life Support (BLS), CPR & other classes (631) 924-6911
- Bariatric Support Group** (631) 963-4750
- Brighter Tomorrows** (631) 395-1800
Provides emergency shelter and support services to victims of domestic violence and their children.
- Brighter Tomorrows Non-Residential Program** (631) 395-3116
Provides court advocacy / transportation, counseling / support groups, information / referrals and Child Witness of Domestic Violence Program.
- Catholic Charities** (516) 733-7000
- Center for Creative Retirement** (631) 287-8334
Suffolk Community College, Riverhead Campus www.liu.ed
- Chronic Disease Self-Management** (631) 979-9490
- Day Haven Adult Day Services** (631) 807-1720
Provides frail older adults and individuals with Alzheimer's or related dementia and their family caregivers with assistance. For information and referrals call or visit:
www.dayhaven.org
- District Attorney's Office** (631) 852-2595
- East End Hospice** (631) 288-8400
(Services to the terminally ill)
- Eldercare Locator** (800) 677-1116
Monday-Friday 9AM-8PM
Connects older adults and their care givers with information on aging services



HELP & SUPPORT GROUPS cont'd

Epilepsy Support Group (PBDMC) (631) 488-0928

Family Services League (631) 470-6757
(631) 369-0104

(Counseling, advocacy, education, and preventative services for mental health)

Gamblers Anonymous

Long Island Hotline Number: (855) 222-5542

Website: www.longisland-ga.com

“Give Back a Smile” Program (800) 543-9220

Provides free consultation and dental treatment to restore the smiles of domestic violence survivors.

Hellen Keller Services for the Blind (631) 424-0022

Provides services for the visionally impaired or blind

Human Rights

Suffolk County Human Rights Commission (631) 853-5480

Humanrights@suffolkny.gov

NYS Division of Human Rights (631) 952-6434

HOTLINE (888) 392-3644

Law Services Committee, Inc. (631) 232-2400

Provides a full range of legal services on civil matters including landlord/tenant; public assistance and SSI recipients automatically qualify for services. 400 West Main Street 112

Long Island AIDS Awareness Coalition (631) 385-2451

(Acquired Immune Deficiency Syndrome) (877)865-4222

Long Island Association for Aids Care (877) 865-4222

Long Island Housing Services (631) 567-5111

Fair housing advocacy and enforcement. Visit their website at: www.Llfairhousing.org

Medicaid Eligibility (631) 852-3570

893 East Main Street Riverhead, NY, 11901

Mothers Against Drunk Drivers (631) 547-6233

Visit their website at: www.madd.org 1-877-MADD-HELP

Overeaters Support Group (516) 521-2174

Website: www.oa.org Meetings are held at PBMC

Parents of Murdered Children (888) 818-4662

Visit their website at: www.pomc.com

Parkinson’s Support Group (516) 220-2626

Meetings held at PBMC (631)-862-3560



HELP & SUPPORT GROUPS cont'd

SAGE Long Island Center

(631) 665-2300

LGBTQ organization dedicated to meeting the unique needs of the Long Island LGBTQ senior community by providing education, advocacy, and social support services.

34 Park Ave. Bayshore, 11706

<http://www.sageli.org/>

SPARC

(631)-369-8696

30 West Main Street Suit 102 Riverhead NY 11901

Information referral, confidential HIV testing, and linkage to care.

St. Charles Stroke Support Group

(631) 474-6489

Suffolk County Probation Intake

(631) 853-5337

Provides Family and legal counseling. Will also file for people who wish to proceed civilly against family members in Family Court and help secure Order of Protection forbidding certain conduct by family members.

Suffolk County Mental Health Center

(631) 852-1440

300 County Road

Suffolk Project for AIDS Resource Coordination (SPARC) (631) 369-8696

For HIV testing and information and referrals. Located at 30 West Main Street, Riverhead Suite 102

Telephone Reassurance Friendly Visiting

(631) 979-9490 ext. 21

Spanish and English friendly calls.

Tick-Borne Disease Resource Center

(631) 726-TICK

Southampton Hospital

Eastendtickresource.org

TORO Law School

(631) 761-7471

Provides legal advice for Medicare, Social Security, eviction, credit card debt, fraud, and power of attorney

Women's Cancer Services at Peconic Bay Medical Center

(631)-548-6320 ext. 104





CAREGIVER SUPPORT PROGRAMS

Alcoholics Anonymous Intergroup

(631) 654-1150

Caregivers support group for AA members and family.

Alzheimer's Association

(800) 272-3900

Alzheimer's and Dementia Caregivers program provides emotional support over the phone twenty-four hours a day, seven days a week and offers information on local support groups and educational programs.

Eldercare Locator

(800) 677-1116

Monday-Friday 9AM-8PM

Connects older adults and their care givers with information on aging services

Family Service League Caregiver Support

(631) 369-0104

Riverhead Family Center, 208 Roanoke Ave., Riverhead, NY 11901

Support group meets first Wednesday of each month, 5 PM at the Family Center. Free counseling is provided.

Family Community Life Center

(631) 727-1110

108 Northville Trpk Riverhead, NY 11901

Meets fourth Friday of every month at 11:00 AM

National Family Caregiver Support Program

(202) 401-4634

The Administration for Community Living (ACL) is part of the U.S. Department of Health and Human Services Administration on Aging (AoA). Families are the major provider of long-term care, but research has shown that caregiving exacts a heavy emotional, physical and financial toll. Almost half of all caregivers are over age 50, making them more vulnerable to a decline in their own health, and one-third describe their own health as fair to poor. The NFCSP offers a range of services to support family caregivers. Website: https://aoa.acl.gov/AoA_Programs/HCLTC/Caregiver/

Parker Jewish Institute

(516) 586-1507

Free assistance for family care givers of someone with Alzheimer's disease and other dementias. Email them at: whhh@parkerinstitute.org

Peconic Bay Medical Center

(631) 548-6827

Office of External Affairs, Community Outreach

Caregiver support and informational program for dementia. www.pbmchealth.org

Suffolk County Office for the Aging

(631) 852-1420

Riverhead County Center

County Road 51, Riverhead

Respite for caregivers is available through the Office for the Aging Family Caregiver Program. Senior Citizen Advocates (Mondays, 8:30 - 4:30 pm) will assist with guiding and connecting caregivers with services for themselves and their family members. www.suffolkny.gov

Town of Riverhead Senior Citizen Center

(631) 727-4444

Veterans Affairs Caregiver Support

(855) 260-3274

Provides information regarding services you may be eligible for, and connects you with a "Caregiver Support Coordinator." www.caregiverva.org



HELPFUL WEBSITES FOR SENIORS

- aoa.gov (Administration on Aging)
- aarp.org (American Association of Retired Persons)
- aging.ny.gov
- medicare.gov
- ssa.gov (Social Security Administration)



HOME HEALTH CARE & SERVICES

INSURANCE ELIGIBLE OR PRIVATE PAY

Access Home Care, Inc.	(631) 476-3600
All Metro	(631) 473-1200
Angel Home Care	(631) 451-1930
Arch Care Home Care	(888) 355-0793
At Home Services For Independent Living	(631) 477-3095
Comfort Keepers	(631) 369-6080
Kindred at Home	(631) 727-5353
Home Companion Services of NY	(631) 473-0700
Home Health Services	(631) 853-3069
Home Sweet Home Care of LI	(631) 828-8874
In Home Care (Suffolk County Office of the Aging) Light housekeeping, shopping, laundry and errand assistance.	(631) 852-1420
Peconic Bay Home Care	(631) 548-6432
Personal Touch	(631) 281-0157

PRIVATE HIRE HOME CARE: PRIVATE PAY

Caring People	(631) 870-6900
Comfort Keepers	(631) 369-6080
Home Instead	(631) 724-2273
Polish Connection	(631) 722-5405
Premiere Home Care	(631) 979-8009
Senior Care Companions, Inc.	(631) 581-9000
Senior Helpers	(631) 779-3688
Utopia Home Care	(631) 369-5500



HOSPICE PROGRAMS

- East End Hospice** (631) 288-8400
- Palliative and Comfort Care** (631) 965-7737
In Peconic Bay Medical Center (PBMC) Skilled Nursing Facility and at home.
- St. Charles Hospital (Good Shepard Hospice)** (631) 465-6363 or (631) 642-4200

HOSPITALS

- John T. Mather Memorial Hospital** (631) 473-1320
75 North Country Road, Port Jefferson, NY 11777
- Peconic Bay Medical Center (PBMC)** (631) 548-6000
1300 Roanoke Ave, Riverhead, NY 11901
- St. Charles Hospital** (631) 474-6000
200 Belle Terre Road, Port Jefferson, NY 11777
- Southampton Hospital** (631) 726-8200
240 Meeting House Ln, Southampton, NY 11968
- Stony Brook University Medical Center** (631) 444-4000
100 Nicolls Rd, Stony Brook, NY 11794

HOUSING & HOMELESS SERVICES

If you are homeless and in need of shelter or in danger of becoming homeless – Please call the Suffolk County Department of Social Services Temporary Housing Assistance Unit from 8am – 3pm, Monday to Friday at (631) 852-3500.

(After 4:30 PM & Weekends, Holidays), please call SC DSS Emergency Services Unit at: (631) 854-9100.

- Catholic Charities** (516) 733-7045
Funded by the federal government to provide financial assistance for emergency situations for rent or mortgage expenses. All of Suffolk County is eligible.
- Family Services League- Home Share Program** (631) 470-6939
Accepts referrals from people who have room in their homes to rent to reliable home seeker needing affordable rentals. Call for more information.
- Family Shelter** (631) 509-4772
Provides emergency housing services to homeless families placed through the Suffolk County Department of Social Services. The program accommodates homeless families with a safe environment and the support needed to secure permanent housing.
- HomeShare LI** (631) 470-6939 (631) 427-3700 x1461
Fsl-li.org/programs
Iovino South Shore Family Center, 1444 Fifth Avenue, Bay Shore 11706
Introduces reliable individuals to homeowners seeking renters



HOUSING AND HOMELESS SERVICES cont'd

Landlord / Tenant / Social Services (631) 232-2400
Nassau/Suffolk Law Office Islandia
Provides a full range of legal services.

Long Island Coalition for the Homeless (631) 464-4314
Trained teams provide crisis intervention, referrals, kits with clothes, non-perishable foods, blankets, and toiletries.

Maureen's Haven (631) 727-6831
Provides shelter for adults who are homeless or on the verge of becoming homeless and emergency overnight shelter. All individuals are screened (no alcohol or drugs) and intake done. A Day Center is also available during the week. Assistance is provided for filling-out various applications for services needed based on screening. **By appointment only.**

Mercy Haven, Inc. (631) 277-8300
859 Connetquot Ave. Suite 10 Islip Terrace, NY 11752
Provides both temporary and permanent housing and supportive services, advocacy, education, and life skills development to people who are homeless, living with mental illness, or living in poverty.

Riverhead Housing Development Corporation (RHDC) (631) 722-8701
PO Box 539, Riverhead, NY, 11901
Riverhead Housing Development Corporation (RHDS) only accepts housing choice vouchers.
Email: rhdc1@aol.com

The Salvation Army (631) 727-3338 ext. 200
130 Osborne Avenue, Riverhead
Emergency services, food, and clothing
www.salvationarmy.org
I.D. required, Tues, Thurs 10:00 a.m.-12:00 p.m.

Suffolk County Department of Social Services (DSS) (631) 852-3500
893 E. Main Street, Riverhead, NY 11901 **After 4:00 PM** (631) 854-9963 EMERGENCY
(Millbrook Office Complex)
Must apply in person, 8AM-3PM - M-F

Suffolk County Temporary Housing Assistance Unit (631) 854-9547 M-F, 8-4PM
Emergency After 4:30PM, Wknds & Holidays (631) 854-9100
Toll Free 1 - (866) 494-6873



HOUSING AND HOMELESS SERVICES cont'd

Supportive Services for Veterans (SSVF)

(631) 924-8088 ext. 1502
Yaphank
(631) 289-2601
Patchogue

This program is for Veterans who are homeless or at risk of becoming homeless or in need of permanent housing. The program assists with: housing, rental payment, security deposit and moving expenses. Email: ssvfinfo@mhaw.org Web site: www.mhaw.org/scuv

United Veterans Beacon House

(631) 665-1571

31 West Main Street Patchogue NY 11770

Provides temporary and permanent residence for U.S. Military veterans and provides emergency, transitional and permanent residence for families (including men, women and children) and single men and women and other supportive services.

**Is there a homeless person in your community?
If you see someone, save someone.
Call the Long Island Coalition for the Homeless at
631-464-4314 x 118 to report.**

Please include location and any identifying characteristics.
*The LICH will coordinate outreach efforts within 24 hours of calls.

RETIREMENT 55+ MANUFACTURED/MOBILE HOME PARKS

Aquebogue Mobile Home Park

(631) 722-3655 Information
(631) 445-7093 Owner

Route 25 P.O. Box 930, Aquebogue

Calverton Meadows

(631) 727-2950

703 Fresh Pond Avenue, Calverton

Foxwood Village

(631) 369-2424

1407 Middle Road, Calverton

Web: www.foxwoodvillage.com

Glenwood/Stark Mobile Home Park

(631) 727-3760

1661 Old Country Road, Riverhead

Web: www.glenwoodvillage.com

Lakewood Park

(631) 591-9006

1964 River Road Route 25, Calverton

Ramblewood Park

(631) 929-4647

658 Sound Avenue, Wading River

Riverhaven Park

(631) 727-7279

37 Hubbard Avenue, Riverhead



HOUSING AND HOMELESS SERVICES cont'd

Riverwoods Park (Southampton Township) (631) 727-7279
525 Riverleigh Avenue, Riverhead

RETIREMENT 55+ VILLAGES

John Wesley Village I (HUD subsidized, affordable housing) (631) 727-4220
1 Aldersgate, Riverhead

John Wesley Village II (Affordable housing) (631) 369-2598
2 Aldersgate, Riverhead

John Wesley Village III (Affordable housing) (631) 208-3845
1400 Aldersgate, Riverhead

Riverhead Landing (631) 813-4712
1145 Middle Road, Riverhead

RETIREMENT 55+ CONDOS

Saddle Lakes
Middle Road, Riverhead

Sunken Pond
Sound Avenue, Riverhead

Stoneleigh Woods
Middle Road, Riverhead

Windcrest East
Middle Road, Calverton

RETIREMENT 55+ LIFESTYLE COMMUNITIES

Jefferson's Ferry (631) 650-2600
One Jefferson Ferry Drive, South Setauket
E-mail: cdeangelo@jeffersonsferry.org / Web: www.jeffersonsferry.org

Peconic Landing (631) 477-3800
1500 Brecknock Road, Greenport
Web: www.peconiclanding.com
Email: info@peconiclanding.org



IMPORTANT DOCUMENTS TO CONSIDER

LEGAL DOCUMENTS THAT MEMORIALIZE YOUR INTENTIONS

Important Documents for the Senior:

1. Health Care Proxy - (Advance Health Care Directive) – authorizes an individual to make health care decisions on your behalf in the event that you become incapacitated.
2. Living Will - states the patient's wishes for end-of-life medical care in case they become unable to communicate their decisions. It has no power after death.
3. HIPAA Authorization - authorizes your Health Care Agent to obtain your medical information so your agent can make informed decisions.
4. Durable Power of Attorney - authorizes someone you trust to manage your financial affairs/property if you become incapacitated.
 - a) Last Will and Testament: Document used to transfer assets upon death subject to judicial probate process.
 - b) Trust documents: An arrangement whereby property is transferred with intention that it be administered by trustee for another's benefit.
5. Medical Orders for Life-Sustaining Treatment (MOLST) – intended for patients with serious health conditions that facilitates end-of-life medical decision-making.
6. Do-Not-Resuscitate order (DNR) - a request written by a doctor before an emergency occurs instructing health care providers not to do cardiopulmonary resuscitation (CPR) if a patient's breathing stops or if the patient's heart stops beating.

Important Documents for the Caregiver:

1. Health Information: medical doctor's telephone numbers; list of medications: dosage, duration, and prescribing physician; medical history; copies of insurance cards; list of emergency contacts, caregiver treatment plan.
2. Legal Documents: health care proxy; last will and testament; living will, HIPAA authorization, if applicable, durable power of attorney.
3. Miscellaneous Documents: copies of mortgage /rental agreement; bills-mortgage/rent payment, property tax, utilities, insurance, medical, cable, fuel, etc.; bank accounts, password for on-line accounts retirement/pension, trust documents; and name, address and telephone number of financial advisor.

Disclaimer

The information presented above is not legal advice, is not to be acted upon as such, may not be current and is subject to change without notice. You should not act upon any such information without first seeking qualified professional counsel regarding your specific matter or issue. In addition, the hiring of an attorney should not be based solely upon the information presented above.



LEGAL/ADVOCACY SERVICES

ADVOCACY

Family Service League of LI OMBUD Service

(631) 470-6755

Fsl-li.org

NY State Office for the Aging

(844)-697-6321

Aging.ny.gov

Riverhead Senior Center

(631) 722-4444

The Senior Advocate from the Suffolk County Office for the Aging is at the Riverhead Senior Center the 3rd Tuesday of each month from 9:30 am to 12:30 pm.

60 Shade Tree Lane, Aquebogue, NY

Senior Advocates

(631) 853-8200

Suffolkcountyny.gov/aging

Office of the Aging Suffolk County/NY Connect

CONSUMER FRAUD

New York State Attorney General's Consumer Hotline

(800) 771-7755

Seniors are often the targets for many forms of Consumer fraud, such as, but not limited to, telemarketing, home repair, sweepstakes, investment and charity fraud.



LEGAL ASSISTANCE

Legal Aid Society

(631) 853-5212

Criminal legal and court assistance

Senior Citizens Law Program

(631) 761-7470

Touro Law Center

225 Eastview Drive, Central Islip, NY 11722

The Senior Citizens Law Program at Touro Law Center provides free legal advice to Seniors (60 years and over) and their families. www.tourolaw.edu

Suffolk County Office of the Aging (Riverhead Office)

(631) 852-1420

Holly Rhodes-Teague, Director

Email: aging.office@suffolkcountyny.gov

Suffolk County Bar Association

(631) 234-5511

E-mail: scba@scba.org



MEDICAL ALERT SYSTEMS

Life Alert	(800) 360-0329
LifeLine	(800) 543-3546
Life Station	(800) 884-8888

MEDICAL I.D. CARD PROGRAM

(631) 852-2206

The Suffolk County Sheriff’s Office regularly visits senior centers, VFW halls and other community groups to provide emergency medical alert ID cards. The cards contain important information such as their identity, personal doctors, next of kin, medical conditions and medications, and who to contact in case of an emergency. The cards are meant to be carried at all times to assist emergency services personnel in providing the best possible care in the event the individual is unable to communicate their needs and other critical information*.

* While the cards may help in an emergency, they cannot be used for official identification purposes since they are only as accurate as the information provided by the applicant. The County of Suffolk, the Office of the Suffolk County Sheriff and his Deputies and Officers cannot be held responsible for any inaccurate information.

YELLOW DOT PROGRAM



The Suffolk County Sheriff’s Office, in conjunction with the New York State Sheriffs’ Association, are pleased to offer the Yellow Dot program to Suffolk County residents free-of-charge. ***The Yellow Dot program is designed to help first responders provide life-saving medical attention during that first “golden hour” after a crash or other emergency.***

A Yellow Dot decal on the driver’s-side rear window of your vehicle will alert first responders that vital medical information is stored in the glove compartment.

How Yellow Dot Works:

Each Yellow Dot kit contains a personal information card and a Yellow Dot decal.

- Complete both sides of the personal information card as fully as possible, in pencil. Attach a recent photo of yourself and place it in a visible location in your car’s glove compartment.
- Complete one card for each person who regularly occupies the vehicle. See below to request additional medical information forms.
- Place the Yellow Dot decal on the rear driver’s side window to alert first responders to look in the glove compartment for your medical information.
- Update the card annually yourself or bring it to your annual medical check-up. If you sell your car, remove the Yellow Dot sticker.
- To request a Yellow Dot kit, call the Sheriff’s Office Community Relations at (631) 852-3763. Yellow Dot kits are also available in many local New York State Assembly offices throughout Suffolk County. Call your local Assembly Member to inquire.



MEDICAL CARE FACILITIES (Please call the clinic for business hours.)

East End Urgent & Primary Care (Walk-In)

1228 East Main Street, Riverhead, NY 11901

(631) 603-3400

271 NY-25A Suite #3, Wading River, NY 11792

(631) 929-4100

Health Center at Riverhead HRHCare Community Health

300 Center Drive S, Riverhead

Medical, Women's Health, Dental & Other.

<http://www.hrhcare.org/healthcenters/riverhead/>

(631) 574-2580

(844) 474-2273

(Appointments only)

Island Urgent Medical Care (Walk-In)

1228 E Main St, Riverhead, NY 11901

(631) 603-3400

Medical Home (Walk-In)

1227 East Main Street, Riverhead NY, 11901

(631) 284-3793

Northwell Health- GO HEALTH Urgent Care

1842 Old Country Road Riverhead, NY 11901

(631)-830-4175

ProHEALTH Urgent Care of Riverhead (Walk-In)

1149 Old Country Rd, Riverhead, NY 11901

(631) 740-9625

Stat Health

999 Old Country Road, Riverhead, NY 11909

(631) 284-5900

Suffolk Primary Health (United Comprehensive Care, Ltd.)

170 Old Country Road, Riverhead, NY 11901

(631) 208-4460

(Appointments only)

Veterans Administration Medical Center-Riverhead

330 Center Drive, Riverhead, NY 11901

(631) 754-7978

(631) 722-4561 (FAX)

Wading River Primary Care

5972 Route 25A, Wading River, NY 11792

(631) 929-0304 or

(631) 910-7100

(Appointments only)

MEDICAL EQUIPMENT

Equipment Lending Closet @

Riverhead Town Senior Center

(631) 722-4444

Lewin Medical Supply

(631) 727-7006



MENTAL HEALTH SERVICES & RESOURCES

IF YOU PRESENTLY HAVE A PROBLEM THAT NEEDS IMMEDIATE ATTENTION, GO TO YOUR NEAREST EMERGENCY ROOM OR CALL 911. (PLEASE SEE *CRISIS INTERVENTION* SECTION OF THIS GUIDE)

Aid for the Developmentally Disabled (631) 727-6220
901 East Main Street, Suite 508, Riverhead, NY 11901

Alternatives East End Counseling Center (631) 369-1200
518 East Main Street, Riverhead, NY 11901 9AM-8PM M-TH, 9AM-1PM F

Alcohol and drug outpatient treatment

Alzheimer’s Association - LI Chapter (800) 272-3900 (24 Hrs)
30 W. Main Street, Riverhead, NY 11901

American Association for Geriatric Psychiatry (703) 556-9222
Fax (703) 556-8729

Established by the American Association for Geriatric Psychiatry to raise awareness of psychiatric and mental health disorders affecting the elderly, eliminate the stigma of mental illness and treatment, promote healthy aging strategies, and increase access to quality mental health care for the elderly. www.gmhfonline.org

Association for Mental Health & Wellness (631) 226-3900 HELPLINE
Provides mental health referral services, support groups, education, anger management courses and advocacy including psychiatric rehabilitation programs, employment and career services. Website: www.mhaw.org Email: helpline@mhaw.org

Center:
Riverhead Synergy Center (631) 369-4420
1380 Roanoke Ave., Riverhead, NY 11901 8:30AM-4:30PM M-F

Synergy Center for recovery and wellness, care management, Helping Hands of the East End Food Pantry, housing services, Peer Bridger Program

Brookhaven Memorial Hospital (631) 654-7100
101 Hospital Road, Patchogue, NY 11901
Inpatient/outpatient mental health and substance abuse treatment. www.brookhavenhospital.org

Division of Community Mental Hygiene Services (631) 853-3105
William J. Lindsey Building CO16; Hauppauge, NY 11788 8:30AM-5PM M-F
County clinics and case management; investigates complaints. www.suffolkcounty.ny.gov

East End Disabilities Associates, Inc. (EEDA) (631) 369-7345
107 Roanoke Avenue, Riverhead, NY 11901 9AM-5PM M-F
Support services for families with family members having developmental disabilities, residential program and day programs. www.eed-a.org

Eastern Long Island Hospital (631)-477-8877
201 Manor Avenue, Greenport, NY 11944 Intake Line
Inpatient treatment for mental health and mentally ill chemical abuse. www.elih.org



MENTAL HEALTH SERVICES & RESOURCES cont'd

**Family Service League
Riverhead**

**(631) 427-3700
(631) 369-0104**

208 Roanoke Avenue, Riverhead, NY 11901

Wide range of mental health outpatient treatment for individuals and families, case management and act team services including family mental health and counseling, family support services, housing and homeless services, integrated health care, senior services technology and employment trauma and crisis counseling, and veterans assistance.

**Long Island Development Disabilities Regional Office
(Office for People with Developmental Disabilities)**

(631) 434-6100

Provides services and resources for people with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, and other neurological impairments. www.opwdd.ny.gov

Mather Hospital Mental Health Clinic

(631) 729-2140

125 Oakland Ave., Suite 303, Port Jefferson, NY 11777

(631) 476-5050 (After Hours)

Individual, family & group counseling, psychological evaluations, medication management.

Mercy Haven, Inc.

(631) 277-8300

Provides both temporary and permanent housing and supportive services, advocacy, education, and life skills development to people who are homeless, living with mental illness, or living in poverty.

**New York State Office of Mental Health
(Long Island Field Office)**

(631) 761-2508

Pilgrim Psychiatric Center, Bldg. 45-3,

8:30AM-4:30PM M-F

998 Crooked Hill Road, Brentwood, NY 11717

Certifies all mental health programs and housing on Long Island; Information and referral, investigates all complaints regarding services. www.omh.ny.gov

Seafield Center Riverhead

(631) 369-7800

212 West Main Street, Riverhead, NY 11901

8AM-9PM M-F,SAT 8AM-12:30PM

Offers outpatient substance abuse counseling and intake for inpatient admission to their Westhampton inpatient facility. www.seafieldcenter.com

Suffolk County Dept. of Health Services

(631) 854-0000

Mental Health Clinic

(631) 852-1440

Riverhead Clinic

Suite 250, 300 Center Drive, County Center, Riverhead

Alcohol and Substance Abuse Services

(631) 852-2680

Substance Abuse Hotline

(631) 979-1700 (24 Hrs)

The Suffolk County Dept of Health Services has partnered with the Long Island council on Alcoholism and Drug Dependence (LICADD) to operate a 24/7 hotline that will connect callers to treatment services. LICADD works collaboratively with the Suffolk County Communities of Solution (COS) provider network to ensure timely access to quality substance abuse care.

Community Mental Hygiene Services

(631) 853-8500 (9AM-5PM M-F)



MENTAL HEALTH SERVICES —VETERANS

Northport Veterans Affairs Medical Center: (631) 261-4400
79 Middle Road, Northport
Provides health and mental health services to veterans.
Web: <http://www.northport.va.gov>

Veterans Crisis Hotline: (800) 273-8255, PRESS 1
Confidential, free help for veterans and their families 24/7.

NUTRITION

FOOD PANTRIES **Check with your own local place of worship for pantry availability.

Church of the Harvest (631) 727-1977
572 Raynor Avenue, Riverhead
Tuesdays 12:30 p.m. - 2:00 p.m.

Friendship Baptist Church (631) 495-7525
59 Anchor Street, Riverhead
I.D. required, Wednesday 10:00 a.m. - 12:00p.m.

Joseph Storehouse@ (631) 722-4969 Ext. 202

Living Water Full Gospel Church
24 Shade Tree Lane, Riverhead
www.lwfgc.org
I.D. Required, Wed 11:00 a.m.-2:30 p.m. & Thurs 10:30 a.m.- 2:30 p.m.

Long Island Cares (The Harry Chapin Food Bank) (631) 582- 3663
10 Davids Drive (Harry Chapin Way), Hauppauge

Manorville Community Church (631) 369-8805
505 Eastport Manor Road, Manorville
Call for information

Open Arms Care Center@ (631) 727-6943
First Baptist Church of Riverhead
1018 Northville Turnpike, Riverhead
I.D. required, Wed & Thurs 11:00-1:45 p.m.

Our Redeemer Lutheran Church (631) 722-4000 Ext. 2
269 Main Road, Aquebogue
www.ourredeemerli.com
I.D. required, Fridays 10:00 a.m. – 12 Noon



NUTRITION cont'd

Phillips Avenue School Pantry

(631) 369-6786

141 Phillips Avenue, Riverhead
phillips.pantry@riverhead.net
Contact for info.

Saints Peter & Paul RC Church

(631) 369-7142

781 Wading River Road, Manorville
www.saintspeterandpaul.org
I.D. required, Thu 11 a.m.-1:00 p.m.

The Salvation Army

(631) 727-3338

130 Osborne Avenue, Riverhead
www.salvationarmy.org
I.D. required, Tues, Thurs 10:00 a.m.-12:00 p.m.

St. Isidore RC Church

(631) 727-2114

622 Pulaski Street, Riverhead
I.D. required, Mon & Thu 1:00 p.m.-2:00 p.m.
www.saintisidoreriverhead.org

Peggy's Pantry@

(631) 929-4339 Ext. 22

St. John the Baptist RC Church

1488 North Country Road, Wading River
I.D. required, Tue & Thurs 10:00a.m-2:00p.m.; Tue 7:00 p.m.-8:30p.m.

St. John the Evangelist Church/Office of Social Ministry

(631) 369-4601

546 St. John's Place, Riverhead
www.saintjohnriverhead.org
I.D. required, Mon, Tues, Thurs, 10:00 to 12 p.m. & 1:00 p.m. - 3:30 p.m.

Synergy Center Food Pantry (Helping Hands)

(631) 924-8088 Ext. 1503

Suffolk County United Veterans

1380 Roanoke Avenue, Riverhead
www.mentalhealhandwellness.org
I.D. required, Friday 1:00 p.m. - 4:00p.m.



Nutrition





NUTRITION - cont'd

SOUP KITCHENS

Bread and More Inn@ (631) 727-2621
First Congregational Church of Riverhead
103 First Street, Riverhead
www.fccr.us
Dinner: Mon, Wed, & Thurs 5:30-6:30 p.m.

Salvation Army Community Center,
Riverhead Corps (631) 727-3338
130 Osborne Ave, Riverhead
www.salvationarmy.org
I.D. required, Sandwiches: Tues - Fri 11:30 a.m. – 12:30 p.m.

“The Gathering Inn” @ (631) 929-4339 Ext. 22
St. John the Baptist RC. Church
1488 North Country Road, Wading River
Call to verify dates and menu

FOOD PROGRAMS

Commodity Supplemental Food Program (CSFP) (516) 623-4568
Distribution site: St. Isidore R.C. Church, 622 Pulaski St., Riverhead
2nd Thursday of each month from 10:00 a.m. to 12:00 p.m. (Date may change due to holidays)
Federal USDA program. Food is distributed free to seniors age 60 and older that meet eligibility requirements (based on family size, age, and income). Individuals applying for the program must bring a picture I.D., proof of age and income.

Congregate Meals (631) 722-4444 Ext. 290
Nutritious hot noon meals are prepared on site and served weekdays at the Town of Riverhead Senior Center, 60 Shade Tree Lane, Aquebogue. Suggested contribution.

Family Table Food Ministries (631) 727-2327
(631) 574-8994 (Diane)
Family Table Food Ministries provides individuals or families with discounted/affordable food. Individuals/families place a food order by completing a menu, either by calling Diane or placing the order online at: www.familytablefoodministries.com with a credit card for payment, orders placed in person can be paid by cash or check. The discounted groceries are picked up on a designated day at: Riverhead

United Methodist Church, 204 East Main Street in Riverhead For additional information or to place a credit card order, please visit: www.familytablefoodministries.com or email them at: familytablefood@gmail.com



NUTRITION – FOOD PANTRIES cont’d

Lighthouse Mission Outreach

(631) 758-7584

On Fridays between Noon and 1 p.m., the Lighthouse Mission Outreach distributes food at the Peconic Riverfront Parking Lot (approximate address: Peconic Riverfront Park — Peconic Avenue, Riverhead). Anyone is eligible for food distribution. The program is conducted all year, outdoors in the parking lot. Visit them at: www.lighthousemission.com

Meals-on-Wheels:

(631) 722-4444 Ext. 304

Meals-on-wheels program provides a nutritious hot noon meal weekdays for homebound seniors unable to cook for themselves. Prior to enrollment in the program, individuals are screened for eligibility.

Senior Farmers Market Nutrition Program

(631) 722-4444 Ext. 290

Farmers Market coupons are provided by the Suffolk County Office for the Aging to all Senior Centers, for distribution in early summer (Riverhead Senior Center, 60 Shade Tree Lane, Aquebogue). Eligibility requirements: Low-income/age 60 and older. Coupon books are limited, and are issued one per household, while quantities last. The coupon book consists of five, four-dollar coupons.



SNAP (Supplemental Nutrition Assistance Program)

[Formerly known as Food Stamps]

The USDA Food and Nutrition Service works with State agencies, nutrition educators, and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance can make informed decisions about applying for the program and can access benefits. SNAP benefits can help you put healthy food on the table. SNAP benefits help low-income seniors; the disabled and others feed their families. Benefits are provided through an Electronic Benefits Transfer (EBT) card, similar to a debit or credit card. Eligibility levels are based on household size, income, expenses and other factors. SNAP applications for eligibility can be done in person at:

Island Harvest

(516) 805-1642

Provides confidential screening and assists with the SNAP application.

North Fork Spanish Apostolate

(631) 369-4601

Located at 536 St. John’s Place, Riverhead. Assistance with applications is available Monday through Friday from 10 a.m. to 4 p.m. Walk-ins are welcome



NUTRITION – FOOD PANTRIES cont’d

Riverhead Senior Center

(631) 722-4444 Ext. 290

60 Shade Tree Lane, Aquebogue. SNAP application assistance is available on the third Thursday of the month with the Senior Advocate from the Office for the Aging. The advocate is available 9:30 a.m. to 1:00 p.m.

Suffolk County Dept. of Social Services—Riverhead

(631) 852-3500

893 East Main Street, Riverhead. The Department of Social Services will assist with SNAP applications 8:00 a.m. – 3:00 p.m. Monday — Friday at the Riverhead Office. Applicants are required to bring photo identification. For additional information go to our website:

To check eligibility for SNAP benefits on line, visit: <https://mybenefits.ny.gov> and click “Am I Eligible?”

Wading River Congregational Church

(631) 929-8849

By Appointment Only

Located at 2057 North Country Road, Wading River, NY
Supplemental non-perishable food is available upon request.
Contact the Church Office to make arrangements.

PHARMACIES

Barth’s Drug Store

(631) 727-2125

32 E Main St., Riverhead, NY

COSTCO

(631) 655-0120

1768 Old Country Rd., Rte. 58, Riverhead, NY

CVS Pharmacy – with Drive-up window

1140 Old Country Rd. Riverhead

(631) 727-9000

6221 Route 25A, Wading River, NY

(631) 929-6040

Martin Drugs – Free Delivery

(631) 727-0550

849 Old Country Rd., Rte. 58, Riverhead, NY

Target Pharmacy (CVS)

(631) 208-9354

1150 Old Country Rd., Rte. 58, Riverhead, NY

Walgreens – with Drive-up window

1196 Old Country Rd., Rte. 58, Riverhead, NY

(631) 208-0239

1815 Wading River Manor Rd., Wading River, NY

(631) 929-0280

Walmart

(631) 369-9028

1890 Old Country Rd., Rte. 58, Riverhead, NY



PLACES OF WORSHIP

Baiting Hollow Congregational Church 2416 Sound Avenue, Riverhead, NY 11901	(631) 727-6141
Calvary Baptist Church 515 Riverleigh Avenue, Riverhead, NY 11901	(631) 727-4112
Church of Christ 1136 Ostrander Avenue, Riverhead, NY 11901	(631) 727-1778
Church of the Harvest 572 Raynor Avenue, Riverhead, NY 11901	(631) 727-1977
Community Baptist Church 5267 Sound Ave. Riverhead, NY 11901	(631) 258-1563
East End Full Gospel Church 209 East Main Street, Riverhead, NY 11901	(631) 208-0088
Iglesia Familia de Dios 400 West Main Street - Suite 200, Riverhead, NY 11901	(631) 617-5359
First Baptist Church of Riverhead 1018 Northville Turnpike, Riverhead, NY 11901	(631) 727-3446
First Congregational Church of Riverhead 103 First Street, Riverhead, NY 11901	(631) 727-2621
Friendship Baptist Church 59 Anchor Street, Riverhead, NY 11901	(631) 727-7363
Galilee Church of God in Christ 87 Old Quogue Road, Riverhead, NY 11901	(631) 727-8470
Goodwill AME Zion Church 110 Flanders Road, Riverhead, NY 11901	(631) 727-5548
Grace Episcopal Church 573 Roanoke Avenue, Riverhead, NY 11901	(631) 727-3900
House of Praise Christian Revival Center, Inc. 573 Roanoke Ave, Grace Episcopal Church, Riverhead, NY 11901	(631)722-4064
Iglesia La Nueva Jerusalem Inc 244 Old Country Rd, Riverhead, NY 11901	(631) 208-8245
Iglesia Maranatha Roca Eterna 556 E Main St, Riverhead, NY 11901	(631) 697-9851
Living Water Full Gospel Church 24 Shade Tree Lane, Riverhead, NY 11901	(631) 722-4969



PLACES OF WORSHIP cont'd

North Shore Christian Church 120 Kroemer Avenue, Riverhead, NY 11901	(631) 208-0123
Old Steeple Community Church 656 Main Road, Aquebogue, NY 11931	(631) 722-3070
Our Redeemer Lutheran Church 269 Main Road, Aquebogue, NY 11931	(631) 722-4000
Peconic Bay Medical Center Chapel 1300 Roanoke Avenue, Riverhead, NY 11901	(631) 548-6025
Real Life Assembly of God 29 Dogwood Drive, Wading River, NY 11792	(631) 929-6778
Riverhead United Methodist Church 204 East Main Street, Riverhead, NY 11901	(631) 727-2327
St. Isidore RC Church 622 Pulaski Street, Riverhead, NY 11901	(631) 727-2114
St. John the Baptist RC Church 1488 North Country Road, Wading River, NY 11792	(631) 929-4339
St. John the Baptist Ukrainian Catholic Church 820 Pond View Road, Riverhead, NY 11901	(631) 727-2766, or (631) 727-2621
St. John the Evangelist RC Church 546 St. John's Place, Riverhead, NY 11901	(631) 727-2030
Seventh-Day Adventist Church of Riverhead 538 Griffing Avenue, Riverhead, NY 11901	(631) 727-8266
Temple Israel of Riverhead 490 Northville Turnpike, Riverhead, NY 11901	(631) 369-5997
Truth Community Church DBA First Assembly of God Church 46 Bell Avenue, Riverhead, NY 11901	(631) 727-1651
Wading River Congregational Church 2057 North Country Road, Wading River, NY 11792	(631) 929-8849
Wading River Baptist Church 1635 Wading River Manor Road, Wading River, NY 11792	(631) 929-3512, or (631) 929-6022
Word of Life Fellowship 401 North Howell Avenue, Riverhead, NY 11901	(631) 727-9224



RECREATIONAL AREAS IN THE TOWN OF RIVERHEAD

DEPARTMENT OF INTERGENERATIONAL SERVICES

(631) 722-4444 ext. 205

The Town of Riverhead hosts an array of recreational and leisure programs for all ages and abilities. In addition to our beautiful parks, trails and beaches that you are welcome to enjoy, there are also two community centers available to rent for occasions. Please call the Senior Center for fees and information.

COMMUNITY CENTERS

George Young Community Center (GYCC)

Main Road, Jamesport, NY 11970

Softball field, playground, basketball court, park benches, gazebo, parking.

Henry Pfeifer Community Center (HPCC)

River Road/Grumman Blvd. Calverton, NY 11933

Playground, picnic area, and parking.

DOG PARKS

The dog parks are available for dog owners and their dogs to enjoy. They are maintained by the Recreation Dept. There are two separate areas: one for large dogs and one for small dogs. For the sake of all other dogs, please ensure that your dog(s) are up-to-date on their vaccines and that they are healthy. No aggressive or sick dogs are permitted. Please bring ample drinking water and be sure to curb your dog. It is also advisable to protect yourself and your pet from ticks.



“ISAAC” Dog Park

Veteran’s Memorial Park

5789 Middle Country Rd.
Calverton, NY 11933

“DUKE” Dog Park

Stotzky Memorial Park

Columbus Avenue & Pulaski St.
Riverhead, NY 11901



OUTDOOR PARKS

Ammermann Riverfront Park

Located behind the southern storefronts on Main Street, between Peconic Avenue and McDermott Ave., Riverhead, NY 11901, this park is situated on the beautiful Peconic River with two gazebos, scattered benches along the waterfront, picnic tables, boat moorings and dock and restroom facilities. There is a fee for riverfront docking and can be obtained through the Recreation Dept. Between Memorial Day and Labor Day, the Town of Riverhead Business Improvement District Management Association (BIDMA) hosts a Classic Car Show every Thursday at this location with free admission. Ample Parking.



RECREATIONAL AREAS IN THE TOWN OF RIVERHEAD cont'd

Bayberry Park (aka "Police Officer Memorial Park)

Bayberry Rd., Wading River NY 11792

7 acres of park that include: Softball field, Tennis and Handball Courts, Basketball Court, Shuffleboard Courts, Picnic area Restroom facilities and parking.

Grangebel Park

73 Peconic Ave, Riverhead NY, 11901

Parking is available behind the Chase Bank Building, or park by the riverfront and walk over.

Grangebel Park was built in the late 1880's by Timothy M. Griffing. There once was a tall tower overlooking all of Riverhead providing scenic and expansive views of the Peconic River and its surrounding area but was demolished around the mid 1940's. The park was recently renovated with new walkways, a new fishway to accommodate the 'alewife' migration, picnic tables, benches, lighting and a beautiful paved pavilion. Pilings in the park are carved into a mostly Indian motif. The Milton L. Burns Park is located within this park.

John Lombardi Memorial Park

Roanoke Avenue, Riverhead, NY 11901

Lombardi Park is located just before the Main Street intersection when travelling south on Roanoke Avenue.

Milton L. Burns Park

73 Peconic Ave, Riverhead NY, 11901

Parking is available behind the Chase Bank Building, or park by the riverfront and walk over.

There are park benches, chess and checkerboard tables. Located within Grangebel Park.

Stotzky Memorial Park

Columbus Avenue & Pulaski St. Riverhead, NY 11901

12 acres of park that include: Lighted Softball fields, Little League/baseball fields, Tennis Courts, Playground, "All Children's Playground", Picnic area, Handball Courts, Lighted Basketball Court, Skateboard/BMX Park, Lighted Street Hockey Rink, Multipurpose fields (soccer/lacrosse/field hockey/football), "Duke" Dog Park, bocce court, horseshoe pits, concession stand and lighted fitness trail w/stations, three Restroom facilities and ample parking.

Veteran's Memorial Park

5789 Middle Country Rd, Calverton, NY 11933

62 acres of park that include: 3 Softball fields, a 90 foot baseball field, "Isaac" Dog Park, concession stand, picnic area, bike path, temporary rest room facilities, nature trails with ample parking.

Duck Pond Park

Wading River, NY 11792

Park Benches, Limited parking.

BEACHES AND WATERFRONT

(631) 727-5744

All Town of Riverhead beaches are open daily from sunrise to 10PM year round. Parking permits are required at all town beaches from May 15th thru September 15th and can be obtained at the town beach or at the Recreation office.



RECREATIONAL AREAS IN THE TOWN OF RIVERHEAD cont'd

Year round resident 4x4 access by permit only on LI Sound beaches can be purchased at the Recreation Dept. (Access from 9AM to 6PM is restricted from May 15th thru Sept. 15th.) Lifeguards and beach attendants are on duty from 10AM to 5PM Monday thru Friday, Memorial Day thru Labor Day and on weekends from May 23rd to June 28th. The town beaches, marina and boat ramps listed here are maintained by the Recreation Dept.

Boaters are permitted to dock at the Peconic River waterfront during the day without a permit. However, if boaters intend on spending the night, they must first obtain an overnight permit from Recreation Dept. office.

BEACHES

Iron Pier Beach

Located on the north shore at the end of Pier Avenue, Northville, NY 11901

Beachfront swimming area on the LI Sound. Handicapped accessible – wheel chairs for beach accessibility in season. Outdoor showers, restrooms, pavilion, playground, Snack Shack (opened during summer season). Ample parking with boat ramp and 4x4 access.

Reeves Beach

Located on the north shore at the end of Park Road, Riverhead, NY 11901

Beachfront swimming area on the LI Sound, restrooms, gazebo. Ample parking with boat ramp and 4x4 access.

South Jamesport Beach

Located on the Peconic Bay on Peconic Bay Blvd, Jamesport, NY 11947

3,000 feet of beach with preferred swimming for small children, shallow water. Handicapped accessible – wheel chairs for beach accessibility in season, outdoor showers, restrooms, pavilion, playground, Snack Shack (opened during summer season), gazebo, tennis and basketball courts, picnic area. Ample Parking. ****Be aware of RESTRICTED AREA for seasonal Piping Plover breeding – expected thru late June. ****

Wading River Beach

Located on the north shore at the end of Sound Road, Wading River, NY 11792

Beachfront swimming area on the LI Sound, restrooms, gazebo, playground, 4x4 access, parking with overflow parking available.

MARINAS

East Creek Marina

Located on Peconic Bay Blvd, Jamesport, NY 11947

East Creek Marina is a docking facility for Town of Riverhead residents by annual contract only. Restrooms, picnic area, indoor/outdoor showers and parking are available at the South Jamesport Beach. Contact the Recreation Dept.

BOAT RAMPS

Iron Pier Boat Ramp

Located at the end of Pier Avenue, Northville, NY 11901

Boat launching facility, permit required, ample parking.

Reeves Beach Boat Ramp

Located at the end of Park Road, Riverhead, NY 11901

Boat launching facility, permit required, parking



Beaches and Waterfront cont.

Wading River Boat Ramp

Located at the end of Creek Road, Wading River, NY 11792

Boat launching facility, permit required, parking

OTHER OUTDOOR PARKS IN THE RIVERHEAD AREA

Indian Island - Suffolk County Park

(631) 852-3232

Located on Route 105 between Route 24 and Route 25, the 275-acre county park offers trailer and tent campsites plus picnic tables, grills and a playground.

(631) 852-3232

Wildwood State Park - New York State Park

(631) 929-4314

790 Hulse Landing Rd, Wading River, NY 11792

This state park offers 2 miles of beach on the Long Island Sound, trailer and tent campsites plus picnic tables, grills, playground, biking trails and ball fields.

RESIDENTIAL REPAIR

Department of Intergenerational Services

**(631) 722-4444 Ext. 304 or
736**

The Town of Riverhead offers small household maintenance/repair assistance with projects that do not require a licensed craftsperson. Participants are responsible for cost of materials. This is not an emergency service.

Community Development Agency (CDA)

(631) 727-3200 Ext. 238

The Town of Riverhead Home Improvement Program is an assistance program available to owner occupied houses or mobile homes. There are income and age eligibility requirements. Repairs must address health and safety issues – the handicap access also eligible. Due to limited availability of funding, priority consideration is given to residents over age 55. Contact the Town of Riverhead Community Development.





RESPITE SERVICES

Alzheimer’s Association

(800) 272-3900

Alzheimer’s and Dementia Caregivers program provides emotional support over the phone twenty-four hours a day, seven days a week and offers information on local support groups, educational programs, and respite services www.alz.org

Federation of Organizations

(631) 321-8229, ext. 1229

Suffolk County Respite Care Program



The Office of the Aging

(631) 853-8200

Family Caregivers Support Services

(631) 852-1420

Aging.office@suffolkcountyny.gov

Veterans Affairs Caregiver Support

(855) 260-3274

Provides information regarding services you may be eligible for, and connects you with a “Caregiver Support Coordinator.” www.caregiver.va.gov

Long Island STATE Veterans Home

(631) 444-8387

100 Patriots Road, Stony Brook, NY

Participants may receive skilled care while continuing to reside at home

SENIOR DISCOUNTS

Cablevision/Optimum

(631) 727-6300

254 Old Country Rd., Riverhead, NY 11901

Must have Basic Service and meet certain requirement to receive a discount. Visit www.optimum.net

Lifeline Discount Program

(888) 641-8722

Lifeline is a government benefit program administered by the Universal Service Administrative Company (USAC) that provides a discount on monthly telephone service for eligible low-income subscribers to help ensure they can connect to the nation's communications networks, find jobs, access health care services, connect with family and their children's schools, and call for help in an emergency. Visit www.lifesupport.org

Tax Exemptions

(631) 727-3200 Ext. 255

200 Howell Ave Riverhead, NY

Please contact the Town of Riverhead Assessors Office for eligibility requirements for Basic STAR, Cold War Veteran, Disabled Person with Limited Income, Enhanced STAR Senior Citizen with Limited Income/Enhanced STAR and Wartime Alternative Veteran tax exemptions. March 1st deadline. Visit www.tax.ny.gov

Veterans Discount Card

(631) 727-3200 x262

The Town of Riverhead Veterans Discount Cards are available at the Town Clerk’s Office, 200 Howell Avenue, Riverhead, NY 11901, and at the Riverhead Free Library (631) 727-3228 x123. No fee.



SENIOR SERVICES

Clear Captions

(631) 372-2964

Free caption phone for individuals with hearing loss. You must have access to the internet

One–Stop Employment Center

(631) 853-6600

Suffolk County Department of Labor

Job opportunities for seniors with restricted incomes.

Riverhead Free Library

(631) 727-3228 x.119/154

330 Court Street, Riverhead, NY

The Riverhead Free Library provides diverse educational, recreational and social programs for seniors. Computers, resources, Talking Book Services, and education opportunities are available. www.riverheadlibrary.org

Retired Senior Volunteer Program (RSVP) of Suffolk

(631) 979-9490

RSVP provides many diverse senior programs and services including volunteer opportunities for people 55 and older who wish to remain active and make a difference in their communities.

Town of Riverhead Senior Center

(631) 722-4444

60 Shade Tree Lane, Aquebogue, NY

The Senior Citizens Department has merged with the Recreation Department to form the new ***Department of Intergenerational Services*** located at the Senior Center. Offering a hot noon meal and an array of programs, activities and support services for the aging population.

- Open 8am-4pm M-F
- Referral information is available



TOWN OF RIVERHEAD

SENIOR SERVICES

60 Shade Tree Lane , Aquebogue 722-4444



Nutrition Services: Nutritionally balanced, hot noon meal, cooked on site. All meals are for a “suggested contribution”.

Meals on Wheels: Hot noontime meals delivered weekdays to homebound seniors unable to cook for themselves.

Transportation:

Dial-A-Ride: weekly food shopping.

Daily: to and from the center for daily activities and hot noon meal.

Medical: to doctors and medical appointments within the Riverhead Township.



Screenings: Blood pressure, weight and glucose screenings recorded and monitored every Tuesday from 9:30-11:45am.

Residential Repair: Small household maintenance/repair assistance with projects that do not require licensed craftsperson. Participants are responsible for cost of material.

Home Aide: Light housekeeping, shopping, laundry and errands for eligible seniors.

Activities: bingo, music, cards, movies, arts & crafts, and line dancing, aerobics, chair Zumba; monthly specials events, luncheons with DJ, trips and occasional speakers.



Senior Advocate: available from the Suffolk County Department for the Aging to assist with questions and information that concern senior citizens.





TAX ASSISTANCE

PROPERTY TAX GRIEVANCE

New York State Department of Taxation and Finance

(518)-591-5232

Office of Real Property Tax Services

8:30AM-4:30PM

W.A. Harriman State Campus - Building 8A, Albany, NY 12227

As a New York State taxpayer, you have rights protecting you from the unfair administration and collection of taxes. Any person who pays property taxes can grieve an assessment. For more information on Tax Grievance procedures, call (518) 591-5232 or visit www.tax.ny.gov or contact the Riverhead Assessors Office at 631-727-3200 ext. 255

(Please note that the tax grievance period for the Town of Riverhead is May 1st through the 3rd Tuesday in May of each year)

Help with filing process is also available at the town's senior center. Please call (631) 722-4444 on more information regarding services.

REAL PROPERTY TAX CREDIT

The "Circuit Breaker," New York State's income tax credit program for eligible homeowners and renters, helps elderly and moderate income homeowners and renters who pay a disproportionate amount of property tax in relation to their household income. It works like a rebate for real property taxes. To inquire about this program and to find out if you are eligible, call the Suffolk County Office for the Aging at (631) 853-8200 or go to www.tax.ny.gov/pit/credits/real_property_tax_credit.htm.

LOCAL REAL PROPERTY TAX EXEMPTION

Town of Riverhead Assessors Office

(631) 727-3200 Ext. 255

200 Howell Avenue, Riverhead, NY 11901

Basic STAR

*****New homeowners must now register with NYS Dept. of Taxation and Finance to receive the Basic STAR property tax credit in the form of a check.**

CONTACT: www.taxny.gov or call (518) 457-2036

The following criteria must be met:

- No age restriction
- Household income must be less than \$500,000
- Must be your primary residence
- Must not be receiving a residency-based exemption in any other state

Cold War Veteran

- Must have served full-time active duty outside a period of war
- Must be your primary residence
- Must supply DD214 (honorable discharge)
- Must supply current letter from the VA for any service-connected disability rating
- Does not have to be renewed
- Un-remarried surviving spouses permitted to file for this exemption
- Filing deadline is March 1st



TAX ASSISTANCE cont'd

Veterans who served active duty for training only or reservists called up during the postal strike are ineligible for a veteran's exemption.

Disabled Person with Limited Income

- Need Award Letter from Social Security Administration, RRB, US Postal Service or US Dept. of Veteran's Affairs with a disability pension, or Certificate for the blind or visually impaired
- All owners must be disabled except in the case of husband & wife or siblings
- Household income must be less than \$37,400 and provide copy of IRS 1040 tax return
- Must be your primary residence
- Must be renewed annually
- Filing deadline is March 1st

Enhanced STAR

*****New homeowners must now register with NYS Dept. of Taxation and Finance to receive the Enhanced STAR property tax credit in the form of a check.**

CONTACT: www.taxny.gov or call (518) 457-2036

If you received the Basic STAR exemption on your 2015 property tax bill in Riverhead Town, you may file for the Enhanced STAR exemption with the Assessors' Office

- Must be 65 years of age by December 31st in the year for which you are filing
- Household income must be less than \$86,000 (this may increase in 2019) and provide copy of IRS 1040 tax return
- Must be your primary residence
- Must be renewed annually
- Filing deadline is March 1st

Senior Citizen with Limited Income

- Must be 65 years of age by December 31st in the year for which you are filing
- Household income must be less than \$37,400 and provide copy of IRS 1040 tax return
- Must be your primary residence and have owned property in NYS for the previous 12 months
- Must be renewed annually
- Filing deadline is March 1st

Wartime Alternative Veteran

- Must have served full-time active duty during a period of war as defined by NYS statutes
- Must be your primary residence
- Must supply DD214 (honorable discharge)
- Must supply current letter from the VA for any service-connected disability rating
- Does not have to be renewed
- Un-remarried surviving spouses permitted to file for this exemption
- Gold Star Parents also eligible to apply
- Filing deadline is March 1st



TAX ASSISTANCE cont'd

For further information on any of the above exemptions, please contact the Assessors' Office at (631) 727-3200 ext. 255

TAXPAYER ADVOCACY

New York State Department of Taxation and Finance

(518) 530- 4357

Office of the Taxpayer Rights Advocate
W A Harriman Campus, Albany NY 12227

You do have a responsibility to pay your income taxes, but the Advocate's Office will make sure you don't pay more than you owe and that you know and understand your rights.

You can request assistance from the Office of the Taxpayer Rights Advocate if you have a tax problem that is causing you undue economic hardship, or if you have been unsuccessful in resolving your tax problem despite using all other reasonable avenues available to you. You can request assistance by mail, fax, or phone by visiting www.tax.ny.gov/help/contact/default.htm

TOWN CLERK SERVICES

Riverhead Town Clerk's Office

(631) 727-3200 Ext. 262

200 Howell Avenue, Riverhead, NY 11901

8:30AM-4:30PM M-F

Official Records Keeper of the Town responsible for recording activities of the Town Government and it is the central place in which town documents and vital town papers are filed.

LICENSES & PERMITS

Dog Licensing

All Dogs Harbored in Riverhead must be licensed and renewed yearly with proof of current rabies vaccination.

Handicapped Parking Permits

Riverhead residents may obtain a New York State Handicap Parking permit with a valid doctor's certification and NYS Driver's License or NYS Identification Card by completing form MV-664.1.

****APPLICATION FOR A PARKING PERMIT OR LICENSE PLATES, FOR PERSONS WITH SEVERE DISABILITIES (MV-664.1) SEE APPENDIX D**

Marriage License

Any couple wishing to marry may obtain the Marriage License in Riverhead.

NYS Hunting/Fishing Licenses

Peddler's Permit

Any peddler or solicitor has to first register and obtain a license with the Town Clerk.

Shellfishing permits—limited to Riverhead residents only



TOWN CLERK SERVICES cont'd

Yard Sale Permits

A permit is necessary to have a yard sale, garage sale, or tag sale in the Town of Riverhead. No more than 4 days per calendar year are allowed per lot.

CERTIFICATES & FORMS

Birth Certificates—on file for anyone born in Riverhead

Death Certificates—on file for anyone who has died in Riverhead

Marriage Certificates—on file for anyone who has obtained a Marriage License in Riverhead

Board of Election—Voter Registration Forms and Absentee Ballots

Freedom of Information (FOIL) forms

For additional information contact Riverhead Town Clerk’s Office.

TRANSPORTATION

Long Island Rail Road (for all MTA services)

Dial “511”

The Riverhead railroad station is located on Osborne Avenue and Railroad Street, just North of West Main Street (Route 25). Contact the MTA at www.mta.info

Suffolk County Transit (SCT) Service

(631) 852-5200

Upon request, drivers will assist wheelchair passengers while boarding and leaving lift/ramp and with the use of wheelchair securement devices. Use of wheelchair lifts/ramps are also available to passengers using walkers, canes, braces or who are otherwise mobility-impaired. Persons traveling with a respirator or portable oxygen supply ARE permitted to ride SCT buses. Service animals to accompany disabled passengers ARE also permitted.

Suffolk County Accessible Transportation Services (SCAT)

SCAT Reservation Telephone Numbers:

(631) 738-1150 (voice)

(631) 981-0104 (TTY)

Provides curb-to-curb service to individuals with disabilities at reduced fares with a valid I.D. Card. Eligibility to use SCAT is determined based on guidelines contained in the Americans With Disabilities Act of 1990 (ADA). Please call the SCT office at (631) 853-5200 for information on the nearest I.D. card location. www.sct-bus.org

Town of Riverhead Senior Center

(631) 722-4444 EXT. 290

Transportation is provided in the Township of Riverhead only. Advanced reservations are required.

- Dial a Ride (DAR) – weekly food shopping and banking.
- Daily Transportation – to and from the Center for daily activities and meals.
- Medical Transportation – to doctors and medical appointments (within the Riverhead Township.)



UTILITIES/UTILITY ASSISTANCE

Cablevision/Optimum - Riverhead	(631) 727-6300
Electric- PSEG Long Island	(800) 490-0025
Emergency Contact	(800) 490-0075 or (631)-755-6900
Customer Assistance	(631)-755-6000
Gas - National Grid	(800) 490-0045, or (631) 755-6200
Heating & Repair	
Suffolk County Office for the Aging Dept. of Social Services	
HEAP: Home Energy Assistance Program	
Age 60 and over, or disabled:	(631) 853-8326 Hotline
Under age 60:	(631) 853-8820 (8AM-4PM)
Emergencies after 4:30 and on weekends:	(631) 854-9100
Optimum-Riverhead	(631) 727-6300
Water – Riverhead Water District	(631) 727-3205
Sewer – Riverhead Sewer District	(631) 727-3069

VETERAN ORGANIZATIONS

American Legion Riverhead Post #273 89 Hubbard Avenue, Riverhead	(631) 727-4330
VFW Riverhead Post #2476 620 Parkway Street, Riverhead	(631) 727-2229



VETERAN SERVICES

Association of Mental Health and Wellness PTSD Veterans Support Group	(631) 853-8345
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Joseph P. Dwyer Veterans PTSD Peer Support Project provides eight peer support groups in different sites across Suffolk County. Group meeting sites include Bellport, Yaphank, Bay Shore, Patchogue, Huntington, Brentwood, Stony Brook, and Riverhead.

The Dwyer Project, made possible by NYS Senator Lee Zeldin, is a demonstration project in four NY State counties that would intervene on the damaging and costly impact of post-traumatic stress disorder among new and past Veterans. In Suffolk, the Project is overseen by the County's Veteran Service Agency, operated by the Suffolk County United Veterans Project and facilitated by Veterans who have been selected and trained.



VETERAN SERVICES cont'd

Food Pantry: Suffolk County United Veterans

(631) 924-8088 Ext. 1503

1380 Roanoke Avenue, Riverhead
www.mentalhealthandwellness.org
I.D. required, Friday 1:00 p.m.-4:00 p.m.
www.mhaw.org

**Long Island State Veterans' Home
at Stony Brook University**

(631) 444-vets (8387)

100 Patriots Road, Stony Brook, NY
Services provided are rehabilitation, long-term resident and adult day health care.
Web: www.listateveteranshome.org

Northport Veterans Affairs Medical Center

(631) 261-4400

79 Middleville Road, Northport, NY
Provides health and mental health services to veterans.
Web: http://www.northport.va.gov

Riverhead Veterans Affairs Center

(631) 852-1410

300 Center Drive, Riverhead, NY



Riverhead VA Clinic

**(631) 754-7978 or
(631) 722-4561**

County Center Office Building
300 Center Drive, Riverhead, NY

Suffolk County Veterans Service Agency

(631) 852-1410

Riverhead office at: County Center Office Building, 300 Center Drive,
Provides help to Veterans or their dependents in navigating and applying for Veteran Benefits. For additional information call or email: veterans.info@suffolkcountyny.gov.

Supportive Services for Veterans (SSVF)

(631) 924-8088 Yaphank
(631) 289-2601 Farmingdale

This program is for Veterans who are homeless or at risk of becoming homeless or in need of permanent housing. The program assists with: housing, rental payment, security deposit and moving expenses. Email: ssvfinfo@mhaw.org Web site: www.mhaw.org/scuv

United Veterans Beacon House

(631) 665-1571

Provides temporary and permanent residence for U. S. Military veterans and provides emergency, transitional and permanent residence for families (including men, women and children) and single men and women and other supportive services.

VETSBUILD

Supported by Bank of America & National Grid. Free resource now available to Veterans – get trained to work in the emerging Green jobs industry at United Way of Long Island's state of the art facility



VETERAN SERVICES cont'd

HOMELESS VETERANS REINTEGRATION PROGRAM (HVRP)

Funded by the Department of Labor. Provides free resume service, job training, retraining, job placement and case management to homeless veterans with the goal to prepare them for and help them attain sustainable employment (contact Alphonso Richardson @ 631-665-1571).

MILITARY FAMILY ASSISTANCE INITIATIVES

Funded by United Way of Long Island. Dedicated to assisting our OEF/OIF/OND Veterans and their families with employment assistance and referrals for supportive services at no charge

Veterans Affairs Burial Benefits

(800) 535-1117

Web: <http://www.cem.va.gov>

Veterans Affairs Caregiver Support

(855) 260-3274

Provides information regarding services you may be eligible for, and connects you with a "Caregiver Support Coordinator."

Veterans Affairs Women Veterans Call Center (WVCC)

(855) 829-6636

Veteran's outreach to women Veterans (VA benefits and services)

Veterans Crisis Hotline

(800) 273-8255, press 1

Confidential, free help for veterans and their families 24/7

Veterans Discount Card

(631) 727-3200 x262

The Town of Riverhead Veterans Discount Cards are available at the Town Clerk's Office, 200 Howell Avenue, Riverhead and at the Riverhead Free Library (631) 727-3228 x123.

Veterans Home Loans and Refinancing

(877) 827-3702

The VA helps veteran's acquire loans to purchase a home or refinance a previous home loan or cash out loan at competitive interest rates.

For additional information call or go to the web at www.benefits.va.gov/homeloans

Veterans Real Property Tax Exemption

(631) 727-3200 Ext. 255

Town of Riverhead Assessors Office, 200 Howell Avenue, Riverhead, NY 11901

VOLUNTEER OPPORTUNITIES

AARP (American Association of Retired Persons)

(888) 687-2277

Alzheimer's Association

(800) 272-3900

Website: www.alz.org

American Legion Post 273

(631) 727-4330

89 Hubbard Avenue, Riverhead, NY 11901

Volunteer opportunity for former & active military and family.

Website: www.amleg273.com

Cornell Cooperative Extension

(631) 727-7850 Ext. 225

Master Gardening Volunteer Program

423 Griffing Avenue, Riverhead, NY 11901



VOLUNTEER OPPORTUNITIES cont'd

East End Arts Council 133 East Main Street, Riverhead, NY 11901 Website: Eastendarts.org	(631) 727-0900
Family Service League of Riverhead 208 Roanoke Avenue, Riverhead, NY 11901 General volunteer program	(631) 369-0104 (631) 470-6756
Ombudsman program (Family Service League) Website: www.fsl-li.org	(631) 427-3700 (631) 369-0104 (Riverhead)
Federation of Organizations Foster Grandparent Program and Senior Companion Program Website: www.fedoforg.org	(631) 321-8229 Ext. 1224
Friends of the Riverhead Free Library 330 Court Street, Riverhead, NY 11901 Website: www.riverheadlibrary.org	(631) 727-3228 x.100
Hallockville Museum Farm 6038 Sound Avenue, Riverhead, NY 11901 Website: www.hallockville.com	(631) 298-5292
Kent Animal Shelter 2259 River Road, Calverton, NY 11933 Website: www.kentanimalshelter.com	(631) 727-5731 10:00-4:00 7 days a week
Kiwanis Club of Greater Riverhead 1036 Middle Road, Riverhead, NY 11901	(631) 463-5811
Literacy of Suffolk County 627 North Sunrise Service Road, Bellport, NY 11713 Website: www.LiteracySuffolk.org	(631) 286-1649
Long Island Cares (The Harry Chapin Food Bank) 10 Davids Dr. (Harry Chapin Way), Hauppauge, NY 11788 www.licares.org	(631) 582- 3663
Maureen's Haven Homeless Outreach 28 Lincoln Street, Riverhead, NY 11901	(631) 727-6831
Moose Lodge 1742 51 Madison Street, Riverhead, NY 11901 Email to: Lodge1742@optonline.net	(631) 727-6667
Women of the Moose Email to: Chapter1118@mooseunits.org	(631) 779-2694



VOLUNTEER OPPORTUNITIES cont'd

- OMBudsman Program** **631-470-6755**
NYS Long term care OMBudsman programs. Volunteers are certified by New York State office of the Aging to advocate for individuals in nursing homes, adult homes and their families.
- Peconic Bay Medical Center** **(631) 548-6021**
1300 Roanoke Avenue, Riverhead, NY 11901 **(631) 548-6000**
Volunteer Director: Ms. Joan Fehling
- Railroad Museum of Long Island** **(631) 727-7920**
416 Griffing Avenue, Riverhead, NY 11901
Website: www.RMLI.org
- Retired Senior Volunteer Program (RSVP)** **(631) 979-9490**
811 W. Jericho Turnpike, Ste 103 W, Smithtown, NY 11787
Website: www.rsvpsuffolk.org
- Riverhead Animal Shelter** **(631) 369-6189**
North Fork Animal Welfare League
532 Youngs Avenue, Calverton, NY 11933
Website: www.nfawl.org
- Riverhead Community Awareness Program, Inc. (CAP)** **(631) 727-3722**
518 East Main Street, Suite 106, Riverhead, NY 11901
Email to: info@RiverheadCAP.org
- Riverhead Free Library** **(631) 727-3228 x.119 or 142**
330 Court Street, Riverhead, NY 11901
Website: www.riverheadlibrary.org
- Riverhead Foundation for Marine Research and Preservation** **(631) 369-9840**
467 East Main Street
Riverhead, NY 11901
Website: www.riverheadfoundation.org
- Riverhead Lions Club**
P.O. Box 846, Riverhead, NY 11901
Website: <http://e-clubhouse.org/sites/riverhead/index.php>
- Riverhead Senior Center** **(631) 722-4444**
60 Shade Tree La., Riverhead, NY 11901
Website: www.townofriverheadny.gov
- Rotary Club of Riverhead** **Contact them via website for membership info.**
P.O. Box 518, Riverhead, NY 11901
www.riverheadrotary.org
- SCORE, Chapter 694, Service Corps of Retired Executives** **(631) 454-0771**
Business advice and mentoring



VOLUNTEER OPPORTUNITIES cont'd

Suffolk County Historical Society

(631) 727-2881

300 West Main Street, Riverhead, NY 11901

Website: www.suffolkcountyhistoricalsociety.org

Vail-Leavitt Music Hall

(631) 727-5782

18 Peconic Avenue, Riverhead, NY 11901

Website: thevail.org

Veterans of Foreign Wars 2476

(631) 727-2229

620 Parkway Street, Riverhead, NY 11901

DISCLAIMER

The information, materials, sources and identification of businesses cited herein have been prepared by the Town of Riverhead Senior Citizen Advisory Council (SCAC) for general informational purposes only and are not intended and should not be considered as a recommendation or endorsement by the SCAC or the Town of Riverhead.

The SCAC and the Town of Riverhead does not warrant that the information contained herein is accurate or complete, and hereby jointly disclaims any and all liability to any person for any loss or damage caused by errors or omissions, whether such errors or omissions result from negligence, accident or any other cause.

The SCAC and the Town of Riverhead are not responsible for, and makes no representations or warranties about the information, materials, sources and identified businesses cited herein. Published addresses and telephone numbers are subject to change without notice.



Laura Jens-Smith

TOWN SUPERVISOR

TOWN OF RIVERHEAD

200 Howell Avenue

Riverhead, NY 11901

(631) 727-3200



APPENDIX B

Riverhead Fire Department
540 Roanoke Avenue
Riverhead, NY 11901
(631) 727-2751

EMERGENCY REGISTRY FORM

The Riverhead Fire Department registry provides information on individuals, who are oxygen dependent, disabled, and or housebound, who would need assistance in the event of an emergency. Information is confidential and used for emergency response and planning.

Last Name _____ Date of Birth _____ Sex _____

First Name _____ Phone _____

Address _____

Location in Residence _____

Medical Condition(s) _____

Medications _____

Special Equipment used _____

Doctor's Name and Phone _____

Signature

_____ Date _____



APPENDIX C

**Other Helpful
Phone Numbers:**

Suffolk County
Office of the Aging:
631-853-8200

Suffolk County
Office of People with
Disabilities:
Voice: 631-853-8333
TTY: 631-853-5658



Additional Products provided by Suffolk County for use during an impending or actual emergency:

CodeRED

Suffolk County is using CodeRED—a high-speed, mass notification system, to contact Suffolk County residents in the event of an actual or impending emergency.

CodeRED delivers customized recorded emergency messages directly to Suffolk County homes and businesses.

CodeRED also has the ability to provide high-speed e-mail and text messaging.

Please sign up to receive emergency messaging via CodeRED at the County's website:

www.suffolkcountyny.gov

**SUFFOLK COUNTY
EMERGENCY
PREPAREDNESS
REGISTRY**

Gathering specialized information for Suffolk County Residents regarding their special needs during evacuation and sheltering.



www.suffolkcountyny.gov

Suffolk County

Office of Emergency

Management

Monday to Friday
8:30 AM to 4:30 PM
631-852-4900



APPENDIX C

EMERGENCY

PREPAREDNESS REGISTRY

This registry is designed to identify residents who may require special assistance during an evacuation, and the special resources they may require during sheltering. Information provided is used to determine which shelter best meets each Registrant's needs.

Prior to an anticipated emergency event, outreach will occur to each Registrant. The contact will include an option to let us know if the Registrant would like to evacuate.

The information is also used to identify the resources necessary to accommodate Special Needs Individuals and their caregivers.

The first line of defense against the effects of a disaster is personal preparedness. It is important for all residents to make their own Emergency Plans,

and provide for their own care and safety in an emergency. The Emergency Preparedness Registry is designed to assist Suffolk County and First Responders to better serve you during an evacuation or disaster situation .

Who Should Register?

You should register if you foresee any difficulty in getting to safety with family or friends, or to a Public Shelter during an Emergency Evacuation. If you are unable to register yourself, someone may register you, on your behalf.

How Can I Register?

There are four (4) methods to register for the Emergency Preparedness Registry:

Method One: Applications are available online at:

[https://
oemapps.suffolkcountyny.
gov/spns/](https://oemapps.suffolkcountyny.gov/spns/)

Method Two: At the Website address:

www.suffolkcountyny.gov
Please scroll to the bottom of the page and click on the Emergency Preparedness icon.

Method Three: By Regular Mail, by printing and completing the form which can be found at:

www.suffolkcountyny.gov
Please scroll to the bottom of the page, click on the Emergency Preparedness icon. Scroll down to the Paper Registration Form and clicking on the link. After printing and completing, please mail to:

SC FRES-OEM

**P.O. Box 127
Yaphank, NY 11980**

Method Four: If you are unable to register through any of the above mechanisms, you may register by calling the **Office of Emergency Management at 631-852-4900** during regular business hours - 8 AM - 4 PM, Monday through Friday.



APPENDIX D

Please TEAR at the PERF and keep pages 1 & 2 for your information.



Department of Motor Vehicles

APPLICATION FOR A PARKING PERMIT OR LICENSE PLATES, FOR PERSONS WITH SEVERE DISABILITIES

Please read pages 1 and 2 of this packet before you complete this application. If you apply for a parking permit, take the completed application to the issuing agent (local municipality) in the city, town or village where you live; do not send your application to the Department of Motor Vehicles because DMV does not issue parking permits.

Part 1 INFORMATION ABOUT PERSON WITH DISABILITY — (Please print and sign by the arrow.)

Form section for Part 1: Information about person with disability. Includes fields for Last Name, First, M.I., Telephone No., Address, Date of Birth, and checkboxes for License Plates or Parking Permit.

Part 2 MEDICAL CERTIFICATION

NOTE: PERMANENT DISABILITIES may be certified by a Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Nurse Practitioner (NP), a Doctor of Podiatric Medicine (DPM, for disabilities related to the foot) or Optometrist (OD, for blindness). TEMPORARY DISABILITIES, however, may be certified only by a Medical Doctor or Doctor of Osteopathy.

Form section for Part 2: Medical Certification. Includes a checkbox for Temporary Disability and fields for Expected Recovery Date, Diagnosis, and What assistive device is needed?

Form section for Part 2: Medical Certification. Includes a checkbox for Permanent Disability and a list of conditions to check (e.g., Uses portable oxygen, Legally blind, Limited or no use of one or both legs).

Form section for Part 2: Medical Certification. Includes fields for MD/DO/DPM/NP/PA/OD Name, Address, Professional License No., and Telephone No.

Form section for Part 2: Medical Certification. Includes a signature line and date field for the MD/DO/DPM/NP/PA/OD.

Part 3 FILE INFORMATION (For Issuing Agent Use Only)

Form section for Part 3: File Information. Includes checkboxes for Blue, Red, First, Second, Denied, Revoked, and fields for Parking Permit No., Date Issued, Date Expires, and Issuing Agent/Locality.



NOTE TO CUSTOMERS AND MEDICAL PROFESSIONALS

According to the NYS Vehicle and Traffic Law and the Penal Law, it is a crime (a felony or a misdemeanor) to make a false statement or to provide false information on an application for a parking permit or license plates for a person with severe disabilities. This crime is punishable by a fine, imprisonment, or both. If this crime involves an application for a parking permit, the crime may also result in liability for payment of a civil penalty of \$250 - \$1,000.

For Customers Who Want License Plates, or a Parking Permit, for Persons with a Disability:

When you sign Part 1 of this application, you certify:

- that the information you provide on this application is true;
- that you have read and understand the conditions for “Using License Plates and Parking Permits” stated on page 2; and
- that you agree to comply with those conditions.

For Medical Professionals Who Provide Medical Information in Support of an Application for License Plates, or a Parking Permit, for Persons with a Disability:

When you sign Part 2 of this application, you certify:

- that the medical information you provide is true and complete; and
- that, in your opinion, the person named in Part 1 of the application is medically qualified to receive license plates, or a parking permit, for persons with a disability, according to the medical criteria specified in Part 2.

You must take your completed application to the appointed issuing agent for the city, town, or village where you live. DO NOT SEND YOUR APPLICATION TO THE DEPARTMENT OF MOTOR VEHICLES (DMV)- DMV DOES NOT ISSUE PARKING PERMITS. If you have a driver license or a non-driver ID card that is issued by the NYS DMV, you must show the document to the issuing agent. The issuing agent will write on your permit the last three digits of the nine-digit number that is printed on your license or non-driver ID card to help law enforcement identify the actual permit holder and help limit abuse. **YOU ARE NOT REQUIRED TO HAVE A DRIVER LICENSE OR NON-DRIVER ID ISSUED BY THE NYS DMV IN ORDER TO GET A PERMIT.**





APPENDIX E – Pg. 1

Suffolk County Special Needs Registry Application

First Name [] Middle Initial [] Last Name []

Apt-Lot number [] What Floor? [] Address []

Township-Halmet [] State [] Zip Code []

Year Round Yes No Nearest Cross St. []

Mailing Address if Different [] Township-Hamlet []

State [] Zip Code [] Home Phone [] TDD/TTY Device

Cell Phone [] TDD/TTY Device

E-mail Address []

Primary Language English Spanish Primary Language Other []

Gender [] Height Ft. [] Height Inches [] Weight [] DOB []

If Married Spouse's Name [] If Married is your Spouse Registered? Yes No

Spouse's Cell Phone [] Spouse's E-mail Address []

Type of Residence Single Family Apartment Mobile Home Home-Duplex Condo Other

Other Type of Residence []

Number of Cats in Home [] Number of Dogs in Home [] Other Type of Pet []

Number of Other Type Pets [] Service Animal []

Pets cannot be accommodated at special needs shelters; so please be sure to make arrangements, in the event you need to evacuate your residence, for your pets to stay with a relative, friend or at a commercial boarding location.



APPENDIX E – Pg. 2

Suffolk County Special Needs Registry Application

In case of an emergency evacuation, where do you plan to go?

I have made arrangement to stay with relatives, friends, a community organization, or hotel in a non-evacuation area.

I am unable to make other arrangements and must go to an evacuation center.

Do you need transport to a shelter? Yes No

Do you need a wheelchair lift? Yes No

Do you require a stretcher? Yes No

Do you require any additional Mobility Aids?

Are you receiving Home Health Care? Yes No

If Yes Name of Agency

If you have a caregiver, please list their name and phone number.

Name of Care Giver Care Giver Phone

You are entitled to have one person accompanying you to the shelter

One person will accompany me to the shelter

I will be unaccompanied when I go to the shelter

Check all that apply about your conditions

Alzheimer's -Note Stage-

Amyotrophic lateral sclerosis (ALS)

Fractured Bones with Pin Care

Back Injury

Full Paralysis

Blind, Hearing or Speech Impaired

Heart Conditions

Cerebral Palsy

High Blood Pressure

Colostomy or Ileostomy -Specify-

Contagious Disease -Specify-

Epilepsy or Other Seizures - Specify

Incontinence

Cognitive Disability



APPENDIX E – Pg. 3

Suffolk County Special Needs Registry Application

Check all that apply about your conditions

- Mental Illness -Specify-
- Special Diet -Specify-
- Pregnant in 7th month or more.
- Severe Arthritis
- Other Condition -Specify-

Are you dependant on any of the following?

- Ambulatory with assistance
 - Walker/ Cane/ Crutches
 - Wheelchair on occasion
 - Catheters
 - Insulin
 - Oxygen Dependent
 - Oxygen Intermittent
 - Dialysis HEMO
 - Dialysis Peritoneal
 - I am dependent on electricity to live.
 - Non - Ambulatory (bedridden)
 - Wheelchair Bound
 - NG tube/CV infusion site/tracheostomy
 - IV Medication
 - Respirator
 - CPAP, BiPAP
- Dialysis - no dialysis will be available at the shelter

If so, briefly explain

List all of your medications:

Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>
Name of Medication	<input style="width: 180px;" type="text"/>	Dosage	<input style="width: 180px;" type="text"/>



APPENDIX E – Pg. 4

Suffolk County Special Needs Registry Application

List all of your medications:

Name of Medication	<input type="text"/>	Dosage	<input type="text"/>
Name of Medication	<input type="text"/>	Dosage	<input type="text"/>
Name of Medication	<input type="text"/>	Dosage	<input type="text"/>
Name of Medication	<input type="text"/>	Dosage	<input type="text"/>
Name of Medication	<input type="text"/>	Dosage	<input type="text"/>

Allergies

You must give name & phone number of a neighbor or friend that we may use for an alternate contact. This person must live in your area & must be aware that they are listed as an alternate contact

Emergency Contacts

Name

Address

Township/ Hamlet State

Zip Home Phone Work Phone

Cell Phone E-Mail Address

Additional Contact

Name

Address

Township/ Hamlet State

Zip Home Phone Work Phone

Cell Phone E-Mail Address

Additional Contact

Name

Address

Township/ Hamlet State

Zip Home Phone Work Phone

Cell Phone E-Mail Address



APPENDIX E – Pg. 5

Additional Contact

Name

Address

Township/ Hamlet State

Zip Home Phone Work Phone

Cell Phone E-Mail Address

I authorize I do not authorize emergency personnel to enter my home during search and rescue personnel to enter my home during search and rescue operations if necessary to assure my safety and welfare following a disaster.

Comments that are Important

The information contained herein is true and correct to the best of my knowledge. I have read the information sheet attached and I understand the limitation on the services and level of care available. I understand that assistance will be provided only for the duration of the emergency and that alternative arrangements should be made in advance in the event I am not able to return to my home. I also understand that I will be responsible for any charges and costs associated with hospital or other medical facility care or medical transportation. I grant permission to medical providers and transportation agencies and others as necessary to provide care and disclose any information necessary to respond to my needs. I also grant permission to emergency personnel to enter my home following an emergency if deemed necessary by proper authorities. I understand that this registration is voluntary and hereby request registration in the Special Needs Program. I understand that all information given will be held in strict confidence and will be used for emergencies only.

 I Agree