

NOVEMBER 2021

RIVERHEAD SENIOR CENTER (631) 727-3200 EXT. 290

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| 1 CHICKEN CORDON BLEU RED POTATO BROCCOLI | 2 <u>CENTER CLOSED</u> <u>ELECTION DAY</u> | 3 SEAFOOD SALAD BEET SALAD MAC SALAD | 4 L.S. CHEESEBURGER SNAP PEAS CAULIFLOWER | 5 BATTER DIPPED COD EGG NOODLES ITALIAN VEGETABLES |
| 8 CHICKEN FRANCAISE RICE PILAF YELLOW SQUASH | 9 HAM STEAK SWEET POTATO BRUSSEL SPROUTS | 10 CHEF SALAD HARD BOILED EGG PASTA SALAD | 11 <u>CENTER CLOSED</u> <u>VETERAN'S DAY</u> | 12 KRABBY CAKE CORN COLLARD GREENS |
| 15 MEATBALL STROGANOFF EGG NOODLES MIXED VEGETABLES | 16 CHICKEN PARMESAN PASTA BROCCOLI | 17 L.S. HAM & SWISS CARROT SALAD ROMAINE SALAD | 18 THANKSGIVING LUNCH YOU MUST PRE REGISTER!! | 19 GARLIC SHRIMP WILD RICE SNAP PEAS |
| 22 FRENCH ONION CHICKEN SCALLPOED POTATO BRUSSEL SPROUTS | 23 SAUSAGE & PEPPERS PASTA ITALIAN BEANS | 24 CHICKEN SALAD 3 BEAN SALAD COLESLAW | 25 <u>THANKSGIVING DAY</u> <u>CENTER CLOSED</u> | 26 <u>CENTER CLOSED</u> <u>DAY AFTER</u> <u>THANKSGIVING</u> |
| 29 OVEN FRIED CHICKEN SWEET POTATOPOTATO COLLARD GREENS | 30 MEATLOAF & GRAVY MASHED POTATO BROCCOLI | | | |
| | | | | |

MENU IS SUBJECT TO CHANGE AND MAY BE DIFFERENT FOR MEALS ON WHEELS