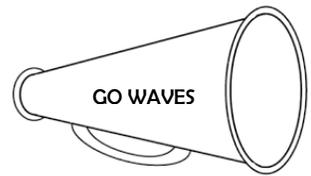




# Riverhead Police Athletic League

210 Howell Avenue, Riverhead, NY 11901  
Juvenile Aid Bureau - 631-727-4500 x273  
David J. Hegermiller - Chief of Police



## 2020 Cheerleader Registration by Mail or PAL Door Mail Slot ONLY

Deadline: July 1, 2020 – 7/1/20 Postmark or received at PAL Office Door Mail Slot, 210 Howell Ave. Riverhead

Date of Birth: \_\_\_\_\_

GRADE ENTERING Fall 2020: 2 3 4 5 6 \_\_\_\_\_

CHILD'S NAME above

CIRCLE Grade above

STREET ADDRESS

TOWN

ZIP

Were you a PAL Cheerleader last year ? Yes [ ] No [ ]

School Attending Currently 2020: Aquebogue [ ] Roanoke [ ]

PARENT NAME – Are you interested in Coaching? Yes [ ] No [ ]

Riley [ ] Philips [ ] Pulaski [ ] Other [ ]

HOME PHONE

CELL PHONE

EMAIL – Must include. Please PRINT clearly.

EMERGENCY CONTACT NAME / RELATIONSHIP

CELL PHONE

Available to Girls entering  
2<sup>nd</sup> – 6<sup>th</sup> Grade in September 2020

First come, first serve registration.

Girls MUST register by mail (postmark 7/1/20) or  
drop registration at PAL Drop Box by 7/1/20.

Cheering at ALL home and away WAVES Football Games at various  
fields throughout Suffolk County on **Sundays** starting late September  
through mid-November.

**Practice begins** late July, Tues / Thurs, 6-7:30 PM @ Stotzky Park.

**Dates are tentative and will be announced on**  
Riverhead PAL Football / Cheerleading Facebook page.  
Please check Facebook page periodically for updates.

**Mail or Drop :** BOTH sides, Registration & Code of Conduct  
Form on reverse side & payment. → → → →  
To the PAL Office at the **address above**.

**Payment: Checks or Money Order ONLY**  
payable to: Riverhead PAL. *Cash will not be accepted.*

**Note:** Your check/money order payment will be held &  
deposited mid-October. Please be sure to keep funds  
available until that date. (There is a \$20 returned check fee).  
If circumstances prevent the football season, your original  
check/money order will be returned.

[ ] **\$80.00** Riverhead Town Resident

[ ] **\$90.00** Non-Town Resident \*

\*Non-Town Resident living in Southampton or  
Brookhaven Town & attending RCSD

Crop Top : Youth Size: M L **or**

Adult Size: S M L XL XXL

Boy Short / Lollie: Youth Size: M L **or**

Adult Size: S M L XL XXL

Fan Jersey : Youth Size: S/M L/XL **or**

Adult Size: S/M L/XL

Girls Shorts: Youth Size: S M L **or**

Adult Size: S M L XL XXL

T-Shirt: Youth Size: M L **or**

Adult Size : S M L XL

Face Mask: Youth Size:  **or**

Adult Size :

PAL Office Use Only: **CHECK** or **Money Order** - Name: \_\_\_\_\_ Date: \_\_\_\_\_/2020

Entered into RP \_\_\_\_\_ 2020

Check / Money Order # \_\_\_\_\_ \$ \_\_\_\_\_

# Suffolk County Police Athletic League Player's and Parents Ethics Pledge

Player's name: \_\_\_\_\_

The Suffolk County Police Athletic League has adopted a zero tolerance policy for violence. This includes physical acts of violence, threats of violence or threatening behavior. A violation committed by any participant (player, coach, referee), parent or fan, will result in immediate expulsion for the league and a fine to the organization from which he/she belongs. The following will bring to your attention the type of behavior we hope and expect from our parents. Please read, sign and follow the pledge for a safe and enjoyable season for your child.

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game or practice.
2. I will emphasize skill, development and practices and how they benefit my child over winning.
3. I will refrain from coaching my child or others during games and practices unless I am an official coach.
4. I will inform the coach of any physical disability or ailment that may affect the safety of my child or others.
5. I will place the emotional and physical well-being of my child ahead of a personal desire to win.
6. I will support my organization, our coaches and officials working with my child, to encourage a positive and very enjoyable experience for everyone.
7. I will demand a sports environment for my child that is free of drugs, tobacco and alcohol and will refrain from their use at all Suffolk County P.A.L. sporting events.
8. I will ask my child to treat other players, coaches, officials and fans with respect regardless of race, sex, creed or ability.
9. I will respect the officials and their authority during games and will not question, discuss or confront coaches at the game field. I will speak with coaches at an agreed time and place.
10. I will not engage in any unsportsmanlike conduct with any official, coach, player or parent, such as booing and taunting, refusing to shake hands, or using profane language or gestures.
11. I will help my child enjoy this experience by doing whatever I can, such as being a respectful fan, becoming an assistant coach, provide transportation, anything you can do that's Positive.
12. Let the coaches' coach – let the officials officiate and above anything else; **LET THE CHILDREN PLAY.**
13. I will be responsible for the conduct of all guests that I bring to my child's game.
14. I will remember that this is just a game. Let your child dream his own dreams, let your child **PLAY** and have fun.

**Thank you for your cooperation and have a great season.**

Parent/Guardian Sign Name: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

## PLAYER'S CODE OF ETHICS

I will encourage good sportsmanship from my fellow participants at every game and practice by demonstrating good sportsmanship.  
I will attend every practice and game that I can and will notify my coaches if I cannot  
I will do my best to listen and learn from coaches.  
I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed or abilities and I expect to be treated accordingly.  
I deserve to have fun during my P.A.L. experience and I will tell my parents or coaches if it stops being fun.  
I will encourage my parents to be involved with my activity in some capacity because it is important to me.  
I will do my best in school.  
I will remember that my participation in P.A.L. is an opportunity to learn and have fun.

Player's Signature: \_\_\_\_\_

## RIVERHEAD PAL FOOTBALL, FLAG FOOTBALL & CHEERLEADING CODE OF CONDUCT

**PLAYER:** Any player not adhering to the general rules of a game may be removed from a said game at the discretion of the coach. Use of profanity, acts of violence, taunting, intimidating or any other act of disrespect will not be tolerated.

Any player suspended from a game or event will have to remain suspended for one (1) additional game or event before returning to full capacity. The player must actually attend the game or event he/she was suspended from. The suspension will not be considered fulfilled unless the player actually attends this suspended game. Participation at practice during this suspension time is mandatory.

Any player suspended a second time during the course of any one (1) season will face disciplinary action by the PAL Representative. This may include the termination of the participant. **ALL DECISIONS WILL BE FINAL**

**PARENT/ GUARDIAN:** Any parent/guardian not adhering to the rules of a game or event will be asked to leave the playing field or event area. Failure of the parent/guardian to cooperate will result in the removal of the parent/guardian's child from the game or event.

If the parent/guardian still refuses to cooperate, the child will be suspended from the game or event. See "Player Rules of Conduct" above for procedure.

If a parent/guardian violates these rules of conduct a second time, it may result in the termination of the child participant. This decision will be made by the P.A.L. Liaison.

**ALL DECISIONS WILL BE FINAL.**

Parent/Guardian Sign Name: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

## RIVERHEAD PAL CHEERLEADING CONSENT

I, the parent/guardian of the above named child, hereby give my consent for participation in the above activity and do claim that he/she is in perfect physical condition to participate in said activity. Furthermore, I, the parent/guardian of the above named candidate for a position on a league team hereby give my approval to his/her participation in all league activities during the current season. I assume all risks and hazards incidental to such participation including transportation to and from the activities; and I do hereby waive, release, absolve, indemnify and agree to hold harmless the Riverhead Police Athletic League, associated organizations, the organizers, sponsors, supervisors, participants and persons transporting my/our son/daughter, except to the extent and in the amount covered by an accident or liability insurance. I agree to return within 7 days or sooner, after notification, the uniform and other equipment issued to my/our son/daughter is in as good condition as when received, except for normal wear and tear, or pay the equivalent to cost.

Parent/Guardian Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_