


# MARCH 2019

## Riverhead Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BATTER DIPPED COD PEAS & CORN OKRA W/ TOMATO
4 CHICKEN CORDON BLEU ROASTED POTATO SPINACH	5 STUFFED PEPPERS WHITE RICE ZUCCHINI W/ TOMATO	6 SAUSAGE & PEPPERS RICE BROCCOLI	7 CHICKEN SALAD OVER ROMAINE PASTA SALAD 3 BEAN SALAD	8 <b><u>ST. PAT'S PARTY</u></b> <b><u>CORNED BEEF &amp;</u></b> <b><u>CABBAGE</u></b> <b><u>PRE REGISTER!!!!!!!!!!!!</u></b>
11 BREADED CHICKEN CUTLET W/ CHEESE WILD RICE BRUSSEL SPROUTS	12 BAKED BONELESS PORK CHOP EGG NOODLES RED CABBAGE	13 STUFFED CABBAGE BOILED RED POTATO ZUCCHINI	14 HOME MADE CHILI RICE CAULIFLOWER	15 POTATO CRUSTED COD ROASTED POTATO SPINACH
18 LEMON CHICKEN EGG NOODLES BROCCOLI	19 SHEPHERD'S PIE MASHED POTATO PEAS & CARROTS	20 PEPPER STEAK EGG NOODLES KALE W/ GARLIC	21 HOT TURKEY W/ GRAVY STUFFING SPINACH	22 KRABBY CAKE MAC & CHEESE MIXED VEGGIES
25 OVEN FRIED CHICKEN ROASTED POTATO COLLARD GREENS	26 CHEESE BURGER PLATTER TATER TOTS BROCCOLI	27 L.S. HAM STEAK W/ PINEAPPLE SWEET POTATO BRUSSEL SPROUTS	28 MEATLOAF W GRAVY MASHED POTATO OKRA W/ GARLIC	29 GARLIC SHRIMP RICE SNAP PEAS

**MENU IS SUBJECT TO CHANGE AND MAY BE DIFFERENT FOR MEALS ON WHEELS**