



## Riverhead Police Athletic League

210 Howell Avenue, Riverhead, NY 11901

**Juvenile Aid Bureau - 631-727-4500 x273**

Edward J. Frost, Chief of Police



## 2026 BOYS LACROSSE Grades K-8

Mail Registration & payment to PAL Office address above or register online at [riverheadrecreation.net](http://riverheadrecreation.net) **FIRM DEADLINE: DEC. 15, 2025**

In Person try on uniform registration 5-7 PM on November 13, 2025 @ Riverhead Sr. Center, 60 Shade Tree Ln. Riverhead

Registration PDF available at [townofriverheadny.gov](http://townofriverheadny.gov), Departments, Police, PAL. Paper Registrations available in PAL vestibule (address above)

**BOTH SIDES OF REGISTRATION MUST BE COMPLETED**

PRINT LAST Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Circle Current Grade : K 1 2 3 4 5 6 7 8 Date of Birth: \_\_\_\_\_

Check one:  Returning Player - Returning 2026 players do not need to submit Birth Certificate or Proof of Grade for 2026 season.

New Player - MUST submit Proof of Grade on School Letterhead. The League REQUIRES a copy of Player's Birth Certificate also IF new player is born before December 1st of the previous year of grade level.

Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

MAILING ADDRESS if different from Street Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Would you be interested in Coaching a Boy's LAX Team?  YES  NO

Cell Phone: (\_\_\_\_\_) \_\_\_\_\_ Home Phone: (\_\_\_\_\_) \_\_\_\_\_

Parent E-Mail (please print clearly) \_\_\_\_\_ @ \_\_\_\_\_

All information must be complete. E-Mail Address is very important. E-Mail is our main line of communication for practice and updates.

Emergency Contact / Relationship: \_\_\_\_\_ Emergency Cell: \_\_\_\_\_

PAYMENT: Check/Money Order ONLY. NO Cash. Make payable to Riverhead PAL. \$20 returned check fee. BOTH PAGES OF REGISTRATION MUST BE COMPLETED

DEADLINE: Registration & payment **FIRM DEADLINE: DECEMBER 15, 2025**

FEES:	Riverhead Resident	Non-Resident
Registration Fee	\$75	\$85
Uniform Choice *		
Full Uniform, Pinnie & Shorts	\$44	\$44
Pinnie only	\$20	\$20
Shorts only	\$24	\$24

\*If using your uniform from 2025 you do not have to purchase a uniform for 2026.

If using 2025 uniform, indicate pinnie # \_\_\_\_\_

**NOTE:** Registrations received after 12/15/25 deadline may not be processed and uniforms are not guaranteed.

### LIST 3 # choices for your 2026 pinnie below :

# Choice 1: \_\_\_\_\_ # Choice 2: \_\_\_\_\_ # Choice 3: \_\_\_\_\_

### CIRCLE PINNIE SIZE:

YOUTH - YS/YM OR YL/YXL

or

ADULT - AS/AM OR AL/AXL

### CIRCLE SHORT SIZE:

YOUTH - S M L XL

or

ADULT - S M L XL XXL

### CIRCLE GRADE / GRAD YEAR:

K /2038 1 /2037

2 /2036 3 /2035

4 /2034 5 /2033

6 /2032 7 /2031

8 /2030

### PAL Lacrosse 2026 Spring Information Below:

**ELIGIBILITY:** Boys in current grades of K – 8<sup>th</sup>. Players are placed on teams based on their grade level in the current school year.

**REGISTRATION:** Team breakdowns will depend on the number of registered players in each grade level.

**WHEN / WHERE:** Weekday evening practice begins in early March. Local practices in Riverhead area. Games played on Saturdays & Sundays, note below. Travel team throughout Suffolk County. Half of games played in Riverhead and the other half on various fields throughout Suffolk County.

**EQUIPMENT REQUIRED:** Each participant must provide their own lacrosse equipment for the program.

**PLAYER WILL NEED:** Lacrosse helmet, stick, shoulder pads, arm pads, gloves, athletic supporter with cup and mouth guard.

**Saturday/Sunday games, March 22—May 18, 2026.**  
No games—Easter weekend April 19/20

Page 1/2

**PAL OFFICE USE ONLY:**  
CHECK # \_\_\_\_\_ \$ \_\_\_\_\_

CHECK DATE \_\_\_\_\_ / \_\_\_\_\_ / 2025

NAME: \_\_\_\_\_

Date Entered \_\_\_\_\_ / \_\_\_\_\_ / 2025

Player's Last Name, Graduation Year and Number will be printed on Pinnie.



## 2026 BOYS LACROSSE Grades K-8 Riverhead PAL Waiver

Player's Name: \_\_\_\_\_

I, the parent/guardian of the above named child, hereby give my consent for participation in the above activity and do claim that he/she is in perfect physical condition to participate in said activity.

Furthermore, I, the parent/guardian of the above named candidate for a position on a league team hereby give my approval to his/her participation in all league activities during the current season. I assume all risks and hazards incidental to such participation including transportation to and from the activities; and I do hereby waive, release, absolve, indemnify and agree to hold harmless the Riverhead Police Athletic League associated organizations, the organizers, sponsors, supervisors, participants and persons transporting my/our son/daughter, except to the extent and in the amount covered by an accident or liability insurance.

Parent /Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_



### SUFFOLK COUNTY P.A.L. LACROSSE LEAGUE OFFICIAL REGISTRATION FORM

Organization: Riverhead PAL Waves Lacrosse

I/We, the parent(s) of the above named child, hereby give our consent for participation in the above activity and do claim that he/she is in perfect physical condition to participate in said activity.

Furthermore, I/We, the parent(s) of the above named candidate for a position on a league team hereby give my/our approval to his/her participation in all league activities during the current season. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities; and I/We do hereby waive, release, absolve, indemnify and agree to hold harmless the Police Athletic League, Inc., associated organizations, the organizers, sponsors, supervisors, participants and person transporting my/our child to or from activities, for any claim arising out of any injury to my/our child, except to the extent and in the amount covered by accident or liability insurance.

I/We agree to return within 7 days or sooner, after notification, the uniform and other equipment issued to my/our child in as good condition as when received except for normal wear and tear or pay equivalent cost.

The Suffolk County Police Athletic League has adopted a zero tolerance policy for violence. This includes physical acts of violence, threats of violence or threatening behavior. A violation committed by any participant (player, coach, referee), parent or fan will result in immediate expulsion from the league and a fine to the organization from which he/she belongs.

Parent/Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_

### Suffolk County Police Athletic League Player's and Parents Ethics Pledge

The Suffolk County Police Athletic League has adopted a **zero-tolerance** policy for violence. This includes physical acts of violence, threats of violence or threatening behavior. A violation committed by any participant (player, coach, referee), parent or fan, will result in immediate expulsion for the league and a fine to the organization from which he/she belongs. The following will bring to your attention the type of behavior we hope and expect from our parents. Please read, sign and follow the pledge for a safe and enjoyable season for your child.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game or practice.

I will emphasize skill, development and practices and how they benefit my child over winning.

I will refrain from coaching my child or others during games and practices unless I am an official coach.

I will inform the coach of any physical disability or ailment that may affect the safety of my child or others.

I will place the emotional and physical well-being of my child ahead of a personal desire to win.

I will support my organization, our coaches and officials working with my child, to encourage a positive and very enjoyable experience for everyone.

I will demand a sports environment for my child that is free of drugs, tobacco and alcohol and will refrain from their use at all Suffolk County P.A.L. sporting events.

I will ask my child to treat other players, coaches, officials and fans with respect regardless of race, sex, creed or ability.

I will respect the officials and their authority during games and will not question, discuss or confront coaches at the game field.

I will speak with coaches at an agreed time and place.

I will not engage in any unsportsmanlike conduct with any official, coach, player or parent, such as booing and taunting, refusing to shake hands, or using profane language or gestures.

I will help my child enjoy this experience by doing whatever I can, such as being a respectful fan, becoming an assistant coach, provide transportation, anything you can do that's Positive.

Let the coaches' coach – let the officials officiate and above anything else; **LET THE CHILDREN PLAY**.

I will be responsible for the conduct of all guests that I bring to my child's game.

I will remember that this is just a game. Let your child dream his own dreams, let your child **PLAY** and have fun.

Thank you for your cooperation and have a great season.

Parent/Guardian Initial: \_\_\_\_\_

### PLAYER'S CODE OF ETHICS

I will encourage good sportsmanship from my fellow participants at every game and practice by demonstrating good sportsmanship.

I will attend every practice and game that I can and will notify my coaches if I cannot.

I will do my best to listen and learn from coaches.

I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed or abilities and I expect to be treated accordingly.

I deserve to have fun during my P.A.L. experience and I will tell my parents or coaches if it stops being fun.

I will encourage my parents to be involved with my activity in some capacity because it is important to me.

I will do my best in school.

I will remember that my participation in P.A.L. is an opportunity to learn and have fun.

Parent/Guardian Initial: \_\_\_\_\_