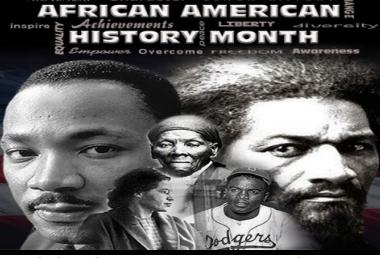




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN MARSALA 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING SLAND HARVEST 11:30 GROUNDHOG DAY 	3 ITALIAN MEATBALLS BINGO 9:30-11:45 JOIN IN ANYTIME 	4 CHICKEN SALAD 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY SENIOR ADVOCATE 10-12 	5 SHEPHERD'S PIE BINGO 9:30-11:45 BOOK CLUB 10-10:45 	6 STUFFED SOLE 10:00 AEROBICS 10:30 SIT & STRETCH 
9 STUFFED CABBAGE 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING PRE REG 1PM VALENTINE'S PAINT BY NUMBER CLASS 	10 SAUSAGE & PEPPERS BINGO 9:30-11:45 JOIN IN ANYTIME 	11 CHEESEBURGER 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY 	12 HAM STEAK BINGO 9:30-11:45 BOOK CLUB 10-10:45 	13 VALENTINE'S PARTY 11AM-2PM \$5 MUST PRE REGISTER IN PERSON BY 2/6/26 
16 CLOSED 	17 STUFFED CHICKEN BINGO 9:30-11:45 JOIN IN ANYTIME 	18 LASAGNA ROLL UP 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM COFFEE & CONVERSATION SUBMIT YOUR CONCERNS, IDEAS & QUESTIONS BY 2/12 	19 BEEF STEW BINGO 9:30-11:45 BOOK CLUB 10-10:45 	20 POTATO CRUSTED COD 10:00 AEROBICS 10:30 SIT & STRETCH 1PM HEART HEALTH CLASS SIGN UP WITH JOANNA LIMITED SPACE
23 FRENCH ONION CHICKEN 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING 	24 SWEDISH MEATBALLS BINGO 9:30-11:45 SENIOR SCAM PREVENTION SUFFOLK COUNTY DISTRICT ATTORNEY'S OFFICE 11:00 AM 	25 HAM & SWISS SANDWICH 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY 	26 HOT TURKEY BINGO 9:30-11:45 BOOK CLUB 10-10:45 	27 GARLIC SHRIMP 10:00 AEROBICS 10:30 SIT & STRETCH BIRTHDAY CELEBRATION
28 FEBRUARY 9TH 1PM VALENTINE'S PAINT BY NUMBER CLASS PRE REGISTRATION REQUIRED SPACE IS LIMITED TO 12	29 FEBRUARY 2/8 SUPERBOWL 2/12 ABRAHAM LINCOLN'S BDAY 2/14 VALENTINE'S DAY 2/16 PRESIDENT'S DAY 2/17 MARDI GRAS(FAT TUESDAY) 2/18 ASH WEDNESDAY	30 1PM COFFEE & CONVERSATION SUBMIT YOUR CONCERNS, IDEAS & QUESTIONS BY 2/12 TO THE OFFICE AND DISCUSSION WILL FOLLOW ON 2/18 WITH KELLY ALL ARE WELCOME	31 	32 FEBRUARY 17TH RANDOM ACTS OF KINDNESS DAY NO ACT OF KINDNESS IS EVER WASTED FEBRUARY 24TH 11:00AM SCAM PREVENTION DISTRICT ATTORNEY'S OFFICE

**PRE REGISTRATION IS REQUIRED FOR ALL TRIPS, CLASSES AND PARTIES **



MENU IS SUBJECT TO CHANGE