












**RIVERHEAD SENIOR CENTER
60 SHADETREE LANE
RIVERHEAD NY, 11901**

FEBRUARY



(631)727-3200 EXT 290
LUNCH SERVED AT NOON
PLEASE ARRIVE BY 11:45

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN MARSALA 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING SLAND HARVEST 11:30 GROUNDHOG DAY 	ITALIAN MEATBALLS BINGO 9:30-11:45 JOIN IN ANYTIME 	CHICKEN SALAD 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY SENIOR ADVOCATE 10-12	SHEPHERD'S PIE BINGO 9:30-11:45 BOOK CLUB 10-10:45 	STUFFED SOLE 10:00 AEROBICS 10:30 SIT & STRETCH 
9	10	11	12	13
STUFFED CABBAGE 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING PRE REG 1PM VALENTINE'S PAINT BY NUMBER CLASS	SAUSAGE & PEPPERS BINGO 9:30-11:45 JOIN IN ANYTIME 	CHEESEBURGER 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY 	HAM STEAK BINGO 9:30-11:45 BOOK CLUB 10-10:45 BOOK CLUB 	VALENTINE'S PARTY 11AM-2PM \$5 MUST PRE REGISTER IN PERSON BY 2/6/26 
16	17	18	19	20
CLOSED 	STUFFED CHICKEN BINGO 9:30-11:45 JOIN IN ANYTIME 	LASAGNA ROLL UP 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM COFFEE & CONVERSATION SUBMIT YOUR CONCERNS, IDEAS & QUESTIONS BY 2/12 	BEEF STEW BINGO 9:30-11:45 BOOK CLUB 10-10:45 	POTATO CRUSTED COD 10:00 AEROBICS 10:30 SIT & STRETCH 1PM HEART HEALTH CLASS SIGN UP WITH JOANNA LIMITED SPACE
23	24	25	26	27
FRENCH ONION CHICKEN 10:00 AEROBICS 10:30 SIT & STRETCH 11:00 LINE DANCING 	SWEDISH MEATBALLS BINGO 9:30-11:45 SENIOR SCAM PREVENTION SUFFOLK COUNTY DISTRICT ATTORNEY'S OFFICE 11:00 AM	HAM & SWISS SANDWICH 10:00 OSTEO EXERCISE 10:30 SIT & STRETCH 1PM STAY AND PLAY 	HOT TURKEY BINGO 9:30-11:45 BOOK CLUB 10-10:45 BOOK CLUB 	GARLIC SHRIMP 10:00 AEROBICS 10:30 SIT & STRETCH BIRTHDAY CELEBRATION
FEBRUARY 9TH 1PM VALENTINE'S PAINT BY NUMBER CLASS PRE REGISTRATION REQUIRED SPACE IS LIMITED TO 12	FEBRUARY 2/8 SUPERBOWL 2/12 ABRAHAM LINCOLN'S BDAY 2/14 VALENTINE'S DAY 2/16 PRESIDENT'S DAY 2/17 MARDI GRAS(FAT TUESDAY) 2/18 ASH WEDNESDAY	1PM COFFEE & CONVERSATION SUBMIT YOUR CONCERNS, IDEAS & QUESTIONS BY 2/12 TO THE OFFICE AND DISCUSSION WILL FOLLOW ON 2/18 WITH KELLY ALL ARE WELCOME	AFRICAN AMERICAN HISTORY MONTH 	FEBRUARY 17TH RANDOM ACTS OF KINDNESS DAY NO ACT OF KINDNESS IS EVER WASTED FEBRUARY 24TH 11:00AM SCAM PREVENTION DISTRICT ATTORNEY'S OFFICE

****PRE REGISTRATION IS REQUIRED FOR ALL TRIPS,CLASSES AND PARTIES ****

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MENU IS SUBJECT TO CHANGE